

THE EMMAUS MANUAL *a simple life with this Good News*

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Instructions: you can modify the time each liturgy takes.

20 minutes, full liturgy

10 minutes, skip the daily readings.

5 minutes, skip everything but the bold portion.

1 minute, just the first page

RESCUED, LED, GIVEN

Good News for those who struggle

The *Good News*, as simply as I know it can be said, is this:

That Christ died and rose for us. And His Dying and Rising is a free gift and the only thing that makes things right, between God, ourselves, and others.

That is what the Good News is.

And this Good News is not just information, but the light that reveals Him and the bread by which He gives Himself to us. To put another way:

Life is unbearable, unmanageable, and impossible, and the way is blocked except for our share in Christ's own life, and we share in Christ's own life by this Good News

That is, Jesus is Good News, Good News gives us Jesus.

Or put this way:

Christ died and rose for us, and we die and rise with Him when we hear this News.

That is, broadly, what the Good News is,

but there is also where Good News *comes from*.

It is the Good News of what God has done in Christ.

It is a revelation of God the Father's own heart of Mercy in the Death and Resurrection of the Son.

We have the love of God in the person of Christ.

*His steadfast love, His involvement,
His power to make things right*

That is what the Good News is, and where it's from,
but there is also *what this Good News means for us*.
We are offered two things in the name
of the One who died and rose for us—His Forgiveness and His Spirit.
The forgiveness of sins by which we die with Him,
the gift of the Holy Spirit by which we rise with Him.

Christ died and rose for us, and we die and rise with Him
when we hear this Good News,
receiving the forgiveness of sin and the gift of the Holy Spirit.
The forgiveness of sin by which we die with Him,
the gift of the Holy Spirit by which we rise with Him.

Because, somehow, *To receive His Forgiveness is to die with Him,
to be led by His Spirit is to rise with Him,*

The forgiveness of sins is not merely a transaction,
telling us we're no longer in trouble.
The forgiveness of sin is how He reveals Himself to us,
and gives Himself to us.
The forgiveness of sins is how we know Him
And how we are changed by Him most deeply.
By the forgiveness of sin we receive Christ
and are cleansed of pride and lies.
The forgiveness of sins is how we trust in Him.

For that reason we need to say, not only what Good News is,

what it means for us, but also what *Good News does to us*.
In short, it moves and changes us.

Christ died and rose for us, and we die and rise with Him
when we hear this Good News,
receiving the forgiveness of sin and the gift of the Holy Spirit.
The forgiveness of sin by which we die with Him,
the gift of the Holy Spirit by which we die with Him.

There is something in us that always wants to prove ourselves,
protect ourselves, to take things back and make things right
and get out of trouble.

And the forgiveness of sins,
by which we know Him and are changed by Him
and by which we die with Him,
is the only thing that makes that thing let go of us.
The only thing that gives us this New Heart.
To be forgiven, and die with Him, then is to be rescued.
We are rescued by His Forgiveness.
And somehow His Forgiveness is the end
of trying to take things back and make things right.

Good News gives us a New Heart.
A New Heart called rescued, led, given.

That is what I think means to hear this Good News.
To hear this Good News is to be rescued by His Forgiveness,
led by His Spirit, and given to His Fellowship.

This is a New Heart that trusts in Him instead of pride and lies,

that trust in Him by the forgiveness of sin.
What I call faith, or being *rescued by His Forgiveness*.
When we don't know what else we are,
we can always know we are forgiven.

It is a heart that trusts Him with trouble and loss,
that trusts Him with things through gift of the Holy Spirit,
what I call hope, or being *led through His Spirit*
When we don't know what else to do,
We can always follow because we've been forgiven.

It is a heart that entrusts itself to others in His Name
and for the building of the fellowship of believers.
What I call love, or being *given in His Name*.
We love and serve as best we can as those
Who only follow because they've been forgiven

This is the gift of this Good News. Good News moves and changes us
and gives us a New Heart called rescued, led, given.

rescued by His Forgiveness, receiving this Good News
led through His Spirit, staying with this Good News
given in His Name, working with this Good News.

Again, because Jesus is Good News and Good News gives us Jesus
and we share in Christ's own life by this Good News.

This Good News deepens the New Heart it gives to us,
so that we that become more rescued, led, and given only over time

and only by this means of grace– the bread and light of this Good News.

*Because life is unbearable, unmanageable, and impossible,
and the way is blocked except for our share in Christ's own life.
And we share in Christ's own life by this Good News.*

If only Good News moves and changes us and gives us a New Heart,
and if Good News deepens the New Heart it is gives us, then there is
only one direction this New Heart of ours can be headed:

*out of pride and lies,
through trouble and loss
Toward our new home
That is, toward all the good things Christ Himself is
and the small good things we offer in His Name.*

If Good News is the only thing that moves and changes us,
we can say that Good News is our *only shepherd*
and a simple life with this Good News *is our new home.*

But what does a simple life with this Good News look like?

If Good News is our only shepherd, and simple life with Good News
is our new home, if Good News gives us Jesus,
then we learn how to be with Jesus, how to be at home.
*as He comes and finds us through promises of scripture,
the prayers of the church, and the tables we set.*

And the simple life with this Good News,
at least for me, is that slow and steady rhythm of
scripture, prayer, and tables,

*so that we slowly learn to be at home,
slowly learn that a simple life with this Good News is our new home.
Our new home until He comes back.*

Because *scripture* is where I get this Good News,
trusting in Him by this Good News,
trusting in Him by the forgiveness of sin.

This Good News comes to us through the promises of scripture.
The Old Testament promise of a Good King, a New Heart,
and a Return Home, and the New Testament announcement
that those promises have been fulfilled in the person and work of
Christ: in His Death, Resurrection.

And *prayer* is how I stay with this Good News,
trusting Him with things through the gift of the Holy Spirit.
For this, we need the prayers scripture offers us
as well as the prayers of the church as our guide,
even as we learn that Holy Spirit intercedes for us with groans
too deep for words.

Tables are how I work with this Good News
through our everyday vocations and ordinary hospitality,
As we learn to love and serve
entrusting ourselves to others,
setting a table for the building of the fellowship of believers.
It is how we offer the world some sign this News is true.
It is how we offer those things

by which Christ gathers a people to Himself.

*The Emmaus Manual (a reimplementatation of the Daily Office
from the 1979 Book of Common Prayer)*

*offers folks a simple life with this Good News,
a way for us to slowly learn that Good News only shepherd
and a simple life with this Good News is our new home.*

The Emmaus Manual offers liturgies throughout the day.

These liturgies, or “offices,” are simply times of scripture and prayer.

Each liturgy has three parts

- 1) confession of sin—returning to this Good News
- 2) promise of scripture—receiving this Good News
- 3) the prayers of the church—staying with this Good News

All this so that folks might return to the tables we set—
working with this Good News as we learn to love and serve
As best we can *as those who've received the forgiveness of sin
and the gift of the Holy Spirit*

And the hope of the Emmaus Manual

is that folks might become *more rescued, led, and given
over time and only by this Good News.*

Our hope is a deeper trust in Christ

*and an eventual focus on all the good things Christ Himself is,
something that only happens over time and by the bread and light
of this Good News.*

MATINS *early morning*

So faith comes from hearing,
and hearing through the word of Christ *Romans 10:17*
For there is one God,
and there is one mediator between God and men,
The man Christ Jesus,
who gave himself as a ransom for all,
which is the testimony given at the proper time. *1 Timothy 2:5-6*
As for that in the good soil
They are those who, hearing the word,
Hold it fast with an honest and good heart
Bearing fruit with patience *Luke 8:15*
If you abide in my word, you are truly my disciples,
and you will know the truth, and the truth will set you free.”
If the Son sets you free, you will be free indeed.

Let what you heard from the beginning abide in you.
If what you heard from the beginning abides in you.
Then you too will abide in the Son
And in the Father also. *1 John 2:24-25*

I. CONFESSION *returning to this Good News*

OPENING ACCLAMATION

Incline my ear to your testimonies and not to selfish gain.
Let your steadfast love come to me, O Lord.
Your salvation according to your word.
The unfolding of your words gives light,
It imparts understanding to the simple
Uphold me according to your promise that I may live.
Your testimonies are my heritage forever.
For they are the joy of my heart.
Let your steadfast love comfort me
According to your promise to your servant.
Your word is a lantern to my feet, and a light to my path.
Turn my eyes from worthless things
And give me life in your ways.
I will run in the way of your commandments
When you enlarge my heart

**Blessed is the man who trusts in the Lord,
whose trust is the Lord.
He is like a tree planted by water,
that sends out its roots by the stream,
and does not fear when heat comes,
for its leaves remain green,
and is not anxious in the year of drought,
for it does not cease to bear fruit.” *Jeremiah 17:8***

CONFESSION OF SIN

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.

Lord, have mercy

Christ, have mercy

Lord, have mercy

REQUEST FOR ABSOLUTION

From all blindness and hardness of heart;
from pride, vanity, and hypocrisy;
from envy, hatred, and malice; and from all lack of charity,
Good Lord, deliver us.

From all disordered and sinful affections;
and from all the deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

Almighty God have mercy on us,
Forgive us all our sins through our Lord Jesus Christ,
Confirm and strengthen us in all goodness,
And by the power of the Holy Spirit,
Raise us up to serve you in newness of life. **Amen.**

**Create in me, a clean heart, O God.
And renew a right spirit within me.
Cast me not away from your presence
And take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.**

WALKING IN NEWNESS OF LIFE *optional*

What shall we say then?

Are we to continue in sin that grace may abound?

By no means! How can we who died to sin still live in it?

Do you not know that all of us who have been baptized

Into Christ Jesus were baptized into his death?

We were buried therefore with him by baptism

Into death, in order that, just as Christ was raised from

The dead by the glory of the Father,

We too might walk in newness of life.

In him you also were circumcised with a circumcision

Made without hands, by putting off the body of flesh,

By the circumcision of Christ,

Having been buried with him in baptism,

In which you were also raised with him through faith,

In the powerful working of God,

Who raised him from the dead.

And you, who were dead in your trespasses

And the uncircumcision of your flesh,

God made alive together with him,

II. SCRIPTURE *receiving this Good News*

The Lord said, "My sheep hear my voice

And I know them, and they follow me.

I give them eternal life.

And they will never perish.

And no one will snatch them from my hand."

The thief comes only to steal and kill and destroy.

I come that they may have life and have it abundantly

I am the good shepherd, the good shepherd

Lays down his life for the sheep

This is eternal life, that they know you,

The only true God,

And Jesus Christ whom you have sent.

For all have sinned

and fallen short of the glory of God

And are justified by His grace as a gift,

Through the redemption that is in Christ Jesus.

PSALM

Oh come, let us sing to the Lord;

let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving;

let us make a joyful noise to him with songs of praise!

For the Lord is a great God, and a great King above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his also.

The sea is his, for he made it,
and his hands formed the dry land.
Oh come, let us worship and bow down;
let us kneel before the Lord, our Maker!
For he is our God, and we are the people of his pasture,
and the sheep of his hand.

**Glory to the Father, and to the Son
And the Holy Spirit,
As it was in the beginning,
Is now and ever shall be,
World without end.**

GOSPELS AND EPISTLES

In the beginning was the Word,
And the Word was with God, and the Word was God *John 1:1*
And the Word became flesh and dwelt among us,
and we have seen his glory,
glory as of the only Son from the Father,
full of grace and truth.
For from his fullness we have all received, grace upon grace.
For the law was given through Moses;
grace and truth came through Jesus Christ.
No one has ever seen God; God the only Son,
who is at the Father's side, he has made him known. *John 1:14-18*

That which was from the beginning
Which we have heard, which we have seen with our eyes
Which we looked upon and have touched with our hands
Concerning the word of life—
The life was made manifest, and we have seen it,
And testify to it and proclaim to you the eternal life
Which was with the Father and was made manifest to us—
That which we have seen and heard we proclaim also to you,
So that you too may have fellowship with us;
And indeed our fellowship is with the Father
And with his Son Jesus Christ
And we are writing these things
so that our joy may be complete *1 John 1:1-4*

**In this the love of God was made manifest among us,
That God sent his only Son into the world,
So that we might live through Him,
In this is love, not that we loved God,
But that he loved us,
And sent his Son to be the propitiation for our sins.**

MONDAY

“My food is to do the will of him who sent me
and to accomplish his work.

“My Father is working until now,
and I am working.”

“Do not work for the food that perishes

But for the food that endure to eternal life,
Which the Son of Man will give to you.
For on him God the Father has set his seal.”
Then they said to him, “What must we be doing,
To do the works of God?”
Jesus answered them, “This is the work of God,
That you believe in Him whom he has sent”

And as Moses lifted up the serpent in the wilderness,
so must the Son of Man be lifted up,
that whoever believes in him may have eternal life.

The very works that I am doing
Bear witness to me that the Father has sent me
For I have come down from heaven,
not to do my own will but the will of him who sent me.
And this is the will of him who sent me,
that I should lose nothing of all that he has given me,
but raise it up on the last day.
For this is the will of my Father,
that everyone who looks on the Son and believes in him
Should have eternal life, and I will raise him up on the last day.”

TUESDAY

He said to them, “You are from below; I am from above.
You are of this world; I am not of this world.
I told you that you would die in your sins,
for unless you believe that I am he you will die in your sins.”

“When you have lifted up the Son of Man,
then you will know that I am he,
and that I do nothing on my own authority,
but speak just as the Father taught me.
And he who sent me is with me.
He has not left me alone,
for I always do the things that are pleasing to him.”
As he was saying these things, many believed in him.

“Now is the judgment of this world;
now will the ruler of this world be cast out.
And I, when I am lifted up from the earth,
will draw all people to myself.”
He said this to show by what kind of death
he was going to die.

So the crowd answered him,
We have heard from the Law that the Christ remains forever.
How can you say that the Son of Man must be lifted up?
Who is this Son of Man?” So Jesus said to them,
“The light is among you for a little while longer.

Walk while you have the light, lest darkness overtake you.

“For God so loved the world, that he gave his only Son,
that whoever believes in him should not perish
but have eternal life.

For God did not send his Son into the world
to condemn the world, but in order that the world
might be saved through him.

Whoever believes in him is not condemned,
but whoever does not believe is condemned already,
because he has not believed in the name
of the only Son of God.

And this is the judgment: the light has come into the world,
and people loved the darkness rather
than the light because their works were evil.

The true light, which gives light to everyone
Was coming into the world. He was in the world,
And the world was made through him
Yet the world did not receive him.
But to all who did receive him, who believed in his name,
he gave the right to become children of God,
who were born, not of blood nor of the will of the flesh
nor of the will of man, but of God.

WEDNESDAY

I am the living bread that came down from heaven.
If anyone eats of this bread, he will live forever.
And the bread that I will give for the life of the world
is my flesh.”

This is the bread that came down from heaven,
not like the bread the fathers ate, and died.
Whoever feeds on this bread will live forever.”

So Jesus said to the Jews who had believed him,
This is the bread that comes down from heaven,
so that one may eat of it and not die.

Truly, truly, I say to you,
unless you eat the flesh of the Son of Man
and drink his blood, you have no life in you.

Whoever feeds on my flesh and drinks my blood has eternal life,
and I will raise him up on the last day.

For my flesh is true food, and my blood is true drink.

Whoever feeds on my flesh
and drinks my blood abides in me, and I in him.

As the living Father sent me, and I live because of the Father,
so whoever feeds on me, he also will live because of me.

He who comes from heaven is above all.

He bears witness to what he has seen and heard,

Yet no one receives his testimony.

Whoever receives his testimony sets his seal to this

That God is true.

And the Father who sent me has himself
borne witness about me.
His voice you have never heard, his form you have never seen
and you do not have his word abiding in you,
for you do not believe the one whom he has sent.
You search the Scriptures because you think
that in them you have eternal life;
and it is they that bear witness about me,
yet you refuse to come to me that you may have life.

It is the Spirit who gives life; the flesh is no help at all.
The words that I have spoken to you are spirit and life.

For he whom God has sent utters the words of God
For he gives the Spirit without measure
The Father loves the Son
and has given all things into his hands.
The Father loves the Son
and has given all things into his hand.
Whoever believes in the Son has eternal life

“I do not ask for these only,
but also for those who will believe in me through their word,
that they may all be one, just as you,
Father, are in me, and I in you, that they also may be in us,

So that the world may believe that you have sent me.
Truly, truly, I say to you,
whoever receives the one I send receives me,
and whoever receives me receives the one who sent me.”

THURSDAY

Jesus answered her, “If you knew the gift of God,
and who it is that is saying to you, ‘Give me a drink,’
you would have asked him,
and he would have given you living water.”

The woman said to him,

“Sir, you have nothing to draw water with,
and the well is deep. Where do you get that living water?
Are you greater than our father Jacob?
He gave us the well and drank from it himself,
as did his sons and his livestock.”

“Everyone who drinks of the water I will give him
Will never be thirsty again
The water I will give him will become in him
A spring of water welling up to eternal life.”

On the last day of the feast, the great day,
Jesus stood up and cried out,
“If anyone thirsts, let him come to me and drink.
Whoever believes in me, as the Scripture has said,
‘Out of his heart will flow rivers of living water.’”
Now this he said about the Spirit,

whom those who believed in him were to receive,
for as yet the Spirit had not been given,
because Jesus was not yet glorified.

“Truly, truly, I say to you, unless one is born of water
And the Spirit, he cannot enter the kingdom of God
That which is born of the flesh is flesh,
That which is born of the Spirit is Spirit.

Let the one who is thirsty come.
Let the one who desires take the water of life without price
He who testifies to these things, says
“Surely I am coming soon.”

When the goodness and loving kindness
of God our Savior appeared,
He saved us, not because of works done by us in righteousness,
but according to his own mercy,
by the washing of regeneration and renewal of the Holy Spirit,
whom he poured out on us richly
Through Jesus Christ our Savior,
so that being justified by his grace
we might become heirs according to the hope of eternal life.

Jesus answered him, “Truly, truly, I say to you,
unless one is born again he cannot see the kingdom of God.”
Nicodemus said to him,

“How can a man be born when he is old?
Can he enter a second time into his mother’s womb
and be born?” Jesus answered, “Truly, truly, I say to you, unless
one is born of water and the Spirit,
he cannot enter the kingdom of God.
That which is born of the flesh is flesh,
and that which is born of the Spirit is spirit.
Do not marvel that I said to you, ‘You must be born again.’
The wind blows where it wishes, and you hear its sound,
but you do not know where it comes from or where it goes.
So it is with everyone who is born of the Spirit.”

When the Spirit of truth comes,
he will guide you into all the truth,
for he will not speak on his own authority,
but whatever he hears he will speak,
and he will declare to you the things that are to come.
He will glorify me, for he will take what is mine
and declare it to you.
All that the Father has is mine;
therefore I said that he will take what is mine and declare it to you.

FRIDAY

As they were talking about these things,
Jesus himself stood among them,
and said to them, “Peace to you!”
But they were startled and frightened

and thought they saw a spirit.
And he said to them, “Why are you troubled,
and why do doubts arise in your hearts?
See my hands and my feet, that it is I myself.
Touch me, and see.
For a spirit does not have flesh and bones as you see that I have.”

And when he had said this,
he showed them his hands and his feet.
And while they still disbelieved
for joy and were marveling, he said to them,
“Have you anything here to eat?”
They gave him a piece of broiled fish,
and he took it and ate before them.
Then he said to them, “These are my words that I spoke to you
while I was still with you,”
that everything written about me in the Law of Moses
and the Prophets and the Psalms must be fulfilled.”
Then he opened their minds
to understand the Scriptures,
and said to them, “Thus it is written,
that the Christ should suffer and on the third day
rise from the dead, and that repentance for the forgiveness of sins
should be proclaimed in his name to all nations,
beginning from Jerusalem.
You are witnesses of these things.
And behold, I am sending the promise of my Father upon you.

But stay in the city until you are clothed
with power from on high.”

But I am not ashamed, for I know whom I have believed,
and I am convinced that he is able to guard until that day
what has been entrusted to me.

Follow the pattern of the sound words
that you have heard from me,
in the faith and love that are in Christ Jesus.

By the Holy Spirit who dwells within us,
guard the good deposit entrusted to you. *2 Timothy 1:12-14*

You then, my child,

be strengthened by the grace that is in Christ Jesus,
and what you have heard from me
in the presence of many witnesses
entrust to faithful men, who will be able to teach others also.

Share in suffering as a good soldier of Christ Jesus.

No soldier gets entangled in civilian pursuits,
since his aim is to please the one who enlisted him.

Remember Jesus Christ risen from the dead,
the offspring of David, as preached in my gospel,
for which I am suffering, bound with chains as a criminal.

But the word of God is not bound!

Therefore I endure everything for the sake of the elect,

That they also may obtain the salvation that is in Christ Jesus
with eternal glory. *2 Timothy 1:14-18*

SATURDAY

But we ought always to give thanks to God for you,
brothers beloved by the Lord,
because God chose you as the firstfruits to be saved,
Through sanctification by the Spirit and belief in the truth.
To this he called you through our gospel,
so that you may obtain the glory of our Lord Jesus Christ.

Of his own will he brought us forth
By the word of truth
That we should be a kind of firstfruits of his creatures,
Therefore put away all filthiness and rampant wickedness
And receive with meekness the implanted word
Which is able to save your soul

Therefore do not be ashamed of the testimony
about our Lord, nor of me his prisoner,
but share in suffering for the gospel by the power of God,
who saved us and called us to a holy calling,
not because of our works
but because of his own purpose and grace,
which he gave us in Christ Jesus before the ages began,
and which now has been manifested
through the appearing of our Savior Christ Jesus,
who abolished death
and brought life and immortality to light through the gospel,
for which I was appointed a preacher and apostle and teacher,

which is why I suffer as I do.

Having purified your souls by your obedience to the truth for a sincere brotherly love, love one another earnestly from a pure heart, since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God; for

*“All flesh is like grass
and all its glory like the flower of grass.
The grass withers,
and the flower falls,
but the word of the Lord remains forever.”*

And this word is the good news that was preached to you.

Conduct yourselves with fear throughout the time of your exile knowing that you were ransomed from the futile ways inherited from your forefathers, not with perishable things such as silver or gold but with the precious blood of Christ, like that of a lamb without blemish or spot. He was foreknown before the foundation of the world. But was made manifest in the last times for the sake of you who through him are believers in God, who raised him from the dead and gave him glory, so that your faith and hope are in God.

For by works of the law no human being
will be justified in his sight,
since through the law comes knowledge of sin.
But now the righteousness of God
has been manifested apart from the law,
although the Law and the Prophets bear witness to it—
the righteousness of God
through faith in Jesus Christ for all who believe.

This was to show God's righteousness,
because in his divine forbearance he had passed over former sins.
It was to show his righteousness at the present time,
so that he might be just and the justifier
of the one who has faith in Jesus. *Romans 3:9-26*

For I am not ashamed of the Gospel,
For it is the power of God for salvation,
To everyone who believes,
For in it the righteousness of God is revealed from faith for faith,
as it is written, "The righteous shall live by faith."
The righteousness of God through faith in Christ
for all who believe

Paul, a servant of God and an apostle of Jesus Christ,
For the sake of the faith of God's elect
And their knowledge of the truth,

Which accords with godliness,
In hope of eternal life, which God,
Who never lies,
Promised before the ages began
And at the proper time manifested in his word
Through the preaching with which I have been entrusted
By the command of God our Savior.

“For the grace of God has appeared,
bringing salvation for all people,
training us to renounce ungodliness and worldly passions,
and to live self-controlled, upright, and godly lives
in the present age, waiting for our blessed hope,
the appearing of the glory
of our great God and Savior Jesus Christ,
who gave himself for us to redeem us from all lawlessness
and to purify for himself a people for his own possession
who are zealous for good works.

SUNDAY

Long ago, at many times and in many ways,
God spoke to our fathers by the prophets,
But in these last days,
He has spoken to us by His Son,
Whom he appointed the heir of all things,
Through whom also he created the world.
He is the radiance of the glory of God,
And the exact imprint of his nature,

And he upholds the universe by the word of his power.

Now I would remind you, brothers,
of the gospel I preached to you, which you received,
in which you stand,
and by which you are being saved,
if you hold fast to the word I preached to you—
unless you believed in vain.

For I delivered to you as of first importance
what I also received: that Christ died for our sins
in accordance with the Scriptures, that he was buried,
that he was raised on the third day in accordance with the
Scriptures, and that he appeared to Cephas, then to the twelve.
Then he appeared to more than five hundred brothers
at one time, most of whom are still alive,
though some have fallen asleep.

Then he appeared to James, then to all the apostles.
Last of all, as to one untimely born, he appeared also to me.
For I am the least of the apostles,
unworthy to be called an apostle,
because I persecuted the church of God.
But by the grace of God I am what I am,
and his grace toward me was not in vain.
On the contrary, I worked harder than any of them,
though it was not I, but the grace of God that is with me.
Whether then it was I or they, so we preach and so you believed.

For since, in the wisdom of God,
the world did not know God through wisdom,
it pleased God through the folly of what we preach
to save those who believe.
For Jews demand signs and Greeks seek wisdom,
but we preach Christ crucified, a stumbling block to Jews
and folly to Gentiles,
but to those who are called, both Jews and Greeks,
Christ the power of God and the wisdom of God.
For the foolishness of God is wiser than men,
and the weakness of God is stronger than men.

CANTICLE

**With your constant love,
You led the people you redeemed
You brought them in safety
To your holy dwelling**

Glory to you, Lord God of our fathers
You are worthy of praise; glory to you
Glory to you for the radiance of your holy Name
We will pray you and highly exalt you forever
Glory to you in the splendor of your temple
On the throne of your majesty, glory to you
Glory to you, seated between the cherubim
We will praise you and highly exalt you forever
Glory to you, beholding the depths,

In the high vault of heaven, glory to you
Glory to you, Father, Son, and Holy Spirit
We will praise you and highly exalt you forever

GLORIA IN EXCLSIS

Glory to God in the highest,
And peace to His people on earth
Lord God, heavenly King,
Almighty God and Father,
We worship you, we give you thanks
We praise you for your glory
Lord Jesus Christ, only Son of the Father
Lord God, Lamb of God
You take away the sin of the world
Have Mercy on us
You are seated at the right hand of the Father,
Receive our prayer,
For you alone are the Holy One
You alone are the Lord
You alone are the most High,
Jesus Christ with the Holy Spirit,
In the Glory of God the Father. Amen.

III. PRAYER *staying with this Good News*

The Lord be with you

And also with you

Let us pray

Jesus, Lamb of God,

Have Mercy on us,

Jesus, Bearer of our sins,

Have Mercy on us,

Jesus, redeemer of the world,

Give us your peace

Now as our Savior Christ has taught us,

We are bold to pray,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

O Lord God, grant your people grace
to withstand the temptations
of the world, the flesh, and the devil,
and with pure hearts and minds to follow you,
the only God; through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen**

PRAYER OF THE DAY

Did you receive the Spirit by works of the law
Or by hearing with faith?
For through the Spirit, by faith
We ourselves wait for the hope of righteousness.

MONDAY/WEDNESDAY/FRIDAY

Give all your people increase of grace,
To hear your Word with humility,
To receive it with pure affection,
And to bring forth the fruit of the Spirit. **Amen.**

TUESDAY/THURSDAY

Gracious God and most merciful Father,
you have granted us the rich and precious jewel
of your holy Word:
Assist us with your Spirit, that the same Word
may be written in our hearts to our everlasting comfort,
to reform us, to renew us according to your own image,

to build us up and edify us
into the perfect dwelling place of your Christ,
sanctifying and increasing in us all heavenly virtues;
grant this, O heavenly Father, for Jesus Christ's sake. **Amen.**

SATURDAY/SUNDAY

Almighty God,
You know that we have no power in ourselves to help ourselves
Keep us both outwardly in our bodies and inwardly in our souls
That we may be defended from all adversities
That may happen to the body and from all evil thoughts
That may assault and hurt the soul
through Jesus Christ our Lord
Who lives and reigns with you and the Holy Spirit
One God forever and ever.

PRAYER OF ST. JOHN CHRYSOSTOM

Almighty God, you have given us such grace
At this time, with one accord,
To make our common supplications to you,
And you have promised us through your well beloved Son
That when two or three are gathered in His Name
You will be in the midst of them:
Fulfill now, O Lord, our desires and petitions
As may be best for us, granting us in this world
Knowledge of your truth,
And in the age to come, life everlasting.

THE CALL OF CHRIST

“I will not leave you as orphans;
I will come to you.
Yet a little while and the world will see me no more,
but you will see me.
Because I live, you also will live.

Now after John was arrested, Jesus came into Galilee,
Proclaiming the Gospel of God, and saying,
**The time is fulfilled, and the kingdom God is at hand,
Repent and believe in the Gospel**

BENEDICTION

The Lord said
“Peace I leave with you; my peace I give to you.
Not as the world gives do I give to you.
Let not your hearts be troubled, neither let them be afraid.”

**For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus’ sake.
For God, who said, “Let light shine out of darkness,”
has shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.**

While you have the Light, believe in the Light,
That you may become children of Light.
If anyone walks in the Light, he does not stumble,
Because he sees the Light of this world.

Let us bless the Lord,
Thanks be to God.

We proclaim the mystery of faith,
Christ has died, Christ is risen, Christ will come again

LAUDS *for mid-morning*

Christ has entered, not into a sanctuary made with hands,
A copy of the true one,
But into heaven itself,
Now to appear in the presence of God on our behalf
Since then we have a great high priest
who has passed through the heavens,
Jesus, the Son of God, let us hold fast our confession.
For we do not have a high priest
who is unable to sympathize with our weaknesses,
but one who in every respect
has been tempted as we are, yet without sin. *Hebrews 4:14-15*

**Let us then with confidence draw near
to the throne of grace,
that we may receive mercy and find grace to help
in time of need. *Hebrews 4:16***

I. CONFESSION *our return to this Good News*

OPENING ACCLAMATION

I waited patiently for the LORD;
he inclined to me and heard my cry.
He drew me up from the pit of destruction,
out of the miry bog, and set my feet upon a rock,
making my steps secure.
He put a new song in my mouth,
a song of praise to our God.
Many will see and fear, and put their trust in the LORD.
Blessed is the man who makes the LORD his trust. *PSALM 40:1-11*

**Blessed is the man who trusts in the Lord,
whose trust is the Lord.
He is like a tree planted by water,
that sends out its roots by the stream,
and does not fear when heat comes,
for its leaves remain green,
and is not anxious in the year of drought,
for it does not cease to bear fruit.” *Jeremiah 17:8***

OPENING PRAYER

Heavenly Father, you have made us for yourself,
and our hearts are restless until they rest in you:
Look with compassion
upon the heartfelt desires of your servants,

and purify our disordered affections,
that we may behold your eternal glory
in the face of Christ Jesus;
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.

Lord, have Mercy

Christ, have Mercy

Lord, have Mercy

CONFESSION OF SIN

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us,
That we may delight in your will
And walk in your ways, to the glory of your name.**

REQUEST FOR ABSOLUTION

To bring into the way of truth
all who have erred and are deceived,
To give us a heart to love and fear you,
and diligently to keep your commandments,
We beseech you to hear us, good Lord.

Almighty God have mercy on us,
Forgive us all our sins through our Lord Jesus Christ,
Confirm and strengthen us in all goodness,
And by the power of the Holy Spirit,
Raise us up to serve you in newness of life. **Amen.**

**Create in me, a clean heart, O God.
And renew a right spirit within me.
Cast me not away from your presence
And take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.**

ASSURANCE OF PARDON

Hear the Word of God
to all who truly turn to Him:

“If we say we have no sin,
we deceive ourselves, and the truth is not in us.
If we confess our sins,
He is faithful and just to forgive us our sins
and to cleanse us from all unrighteousness.” *1 John 1:8-9*

**For this is the covenant
that I will make with the house of Israel
after those days, declares the Lord:**

**I will put my laws into their minds,
and write them on their hearts,
and I will be their God,
and they shall be my people.**

**And they shall not teach, each one his neighbor
and each one his brother, saying, ‘Know the Lord,’
for they shall all know me,
from the least of them to the greatest.**

**For I will be merciful toward their iniquities,
and I will remember their sins no more.”**

WALKING IN NEWNESS OF LIFE *optional*

Likewise, my brothers, you also have died to the law
through the body of Christ,
so that you may belong to another,
to him who has been raised from the dead,
in order that we may bear fruit for God.
For while we were living in the flesh,
our sinful passions, aroused by the law,
were at work in our members to bear fruit for death.
But now we are released from the law,
having died to that which held us captive,
so that we serve in the new way of the Spirit
and not in the old way of the written code.
For freedom Christ has set us free; stand firm therefore,
And do not submit again to a yoke of slavery.
For you were called to freedom, brothers,
Only do not use your freedom as an opportunity for the flesh
But through love serve one another.
For the whole law is fulfilled in one word:
“You shall love your neighbor as yourself”

II. SCRIPTURE *receiving this Good News*

The Lord said,

“Truly, truly, I say to you,

whoever hears my word

and believes him who sent me has eternal life.

He does not come into judgment,

but has passed from death to life.” *John 5:24*

This is eternal life:

that they know you the only true God

And Jesus Christ whom you have sent.

Everyone who believes in Him

Receive the forgiveness of sins through His name.

the righteousness of God

through faith in Jesus Christ for all who believe.

These are written

so that you may believe Jesus is the Christ the Son of God

And that by believing you may have life in His Name.

For our sake he made him to be sin who knew no sin

So that in him we might become

The righteousness of God.

For all have sinned

And fallen short of the glory of God

And are justified by his grace as a gift

Through the redemption that is in Christ Jesus

PSALMS

Bless the Lord, O my soul,
and all that is within me, bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good.
So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life.
**My flesh and my heart may fail,
but God is the strength of my heart
and my portion forever.**

Choose for the day of the week

MONDAY

When I was in trouble I called upon the Lord,
and he hearkened to my calling.
Deliver my soul, O Lord, from lying lips
and from a deceitful tongue.
What reward shall be given or done unto you, o false tongue?
Even mighty and sharp arrows, with hot burning coals.
Woe is me, that I am constrained to dwell in Meshech,
and to have my habitation among the tents of Kedar.

My soul has long dwelt among those who are enemies of peace.
I labor for peace, but when I speak to them of it,
they make themselves ready for battle. *120*

TUESDAY

I will lift up my eyes unto the hills;
from whence comes my help?
My help comes from the Lord,
who has made heaven and earth.
He will not let your foot be moved,
and he who keeps you will not sleep.
Behold, he who keeps Israel shall neither slumber nor sleep.
The Lord himself is your keeper;
the Lord is your defense upon your right hand,
So that the sun shall not burn you by day,
neither the moon by night.
The Lord shall preserve you from all evil;
indeed, it is he who shall keep your soul.
The Lord shall preserve your going out and your coming in,
from this time forth for evermore. *121*

WEDNESDAY

I was glad when they said unto me,
“We will go into the house of the Lord.”
Now our feet are standing within your gates, O Jerusalem.
Jerusalem is built as a city that is at unity in itself.
For there the tribes go up, even the tribes of the Lord,

as was decreed for Israel,
to give thanks unto the Name of the Lord.
For there is the throne of judgment,
even the throne of the house of David.
O pray for the peace of Jerusalem; they shall prosper that love you.
Peace be within your walls and plenteousness within your palaces.
For my brethren and companions' sakes,
I will wish you prosperity.
Indeed, because of the house of the Lord our God,
I will seek to do you good. *122*

THURSDAY

Unto you I lift up my eyes, you who are enthroned in the heavens.
Behold, as the eyes of servants look to the hand of their masters,
and as the eyes of a maiden to the hand of her mistress,
Even so our eyes wait upon the Lord our God,
until he show us his favor.
Have mercy upon us, O Lord, have mercy upon us,
for we have suffered more than enough contempt.
Long has our soul suffered the scorn of the wealthy
and the spitefulness of the proud. *123*

FRIDAY

If the Lord himself had not been on our side,
now may Israel say:
if the Lord himself had not been on our side,
when men rose up against us,
Then would they have swallowed us up alive,

when they were so wrathfully displeased with us;
Then the waters would have drowned us,
and the torrent gone over us;
then the raging waters would have gone clean over us.
But praised be the Lord,
who has not given us over to be prey for their teeth.
We escaped like a bird out of the snare of the fowler;
the snare is broken, and we have been delivered.
Our help is in the Name of the Lord,
the maker of heaven and earth. *124*

SATURDAY

How shall a young man cleanse his way?
By ruling himself according to your word.
With my whole heart I have sought you;
O let me not go astray from your commandments.
Your words have I hidden within my heart,
that I may not sin against you.
Blessed are you, O Lord; teach me your statutes.
With my lips have I been telling
of all the judgments of your mouth.
I have had greater delight in the way of your testimonies
than in all manner of riches.
I will meditate on your commandments
and have respect for all your ways.
My delight will be in your statutes,
and I will not forget your word. *119: 9-16*

SUNDAY

My soul cleaves to the dust;
O revive me, according to your word
I have acknowledged my ways, and you heard me;
O teach me your statutes.
Make me to understand the way of your commandments,
and so shall I meditate on your wondrous works.
My soul melts away for heaviness;
comfort me according to your word.
Take from me the way of lying,
and graciously teach me your law.
I have chosen the way of truth,
and your judgments have I set before me.
I hold fast to your testimonies;
O Lord, let me not be put to shame.
I will run the way of your commandments
when you enlarge my heart with understanding. *119:25-32*

After the Psalm

**Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

GOSPELS AND EPISTLES

He himself bore our sins in his body on the tree,
that we might die to sin and live to righteousness.
By his wounds you have been healed.
For this is why the gospel was preached
even to those who are dead,
that though judged in the flesh the way people are,
they might live in the Spirit the way God does.
For if, because of one man's trespass,
death reigned through that one man,
much more will those who receive the abundance of grace
and the free gift of righteousness
reign in life through the one man Jesus Christ.

**Once you were not a people, now you are God's people
Once you had not received Mercy,
now you have received Mercy
For you were straying like sheep,
but have now returned
to the Shepherd and Overseer of your Souls.**

Choose for the day of the week

MONDAY

For the love of Christ controls us,
because we have concluded this:
that one has died for all, therefore all have died;
and he died for all,
that those who live might no longer live for themselves
but for him who for their sake died and was raised.

From now on, therefore, we regard no one according to the flesh.
Even though we once regarded Christ according to the flesh,
we regard him thus no longer.

Therefore, if anyone is in Christ, he is a new creation.

The old has passed away; behold, the new has come.

All this is from God,

who through Christ reconciled us to himself

and gave us the ministry of reconciliation;

that is, in Christ God was reconciling the world to himself,

not counting their trespasses against them,

and entrusting to us the message of reconciliation.

Therefore, we are ambassadors for Christ,

God making his appeal through us.

We implore you on behalf of Christ, be reconciled to God.

For our sake he made him to be sin who knew no sin,

so that in him we might become the righteousness of God.

2 Cor. 5:14-15

TUESDAY

But God, being rich in mercy, because of the great love

With which he loved us, even when we were dead in our trespasses

Made us alive together with Christ—by grace you have been saved—

And raised us up with him and seated us with him

In the heavenly places in Christ Jesus,

So that in the coming ages he might show the immeasurable riches

Of his grace in kindness toward us in Christ Jesus.

For by grace you have been saved through faith.

And this is not your own doing; it is the gift of God,
Not as a result of works, that no one may boast.
For we are his workmanship,
created in Christ Jesus for good works,
Which God prepared beforehand, that we should walk in them.
Remember that you were at that time separated from Christ,
Alienated from the commonwealth of Israel
And strangers to the covenant of promise, having no hope
And without God in the world.
But now in Christ Jesus you who once were far off
Have been brought near by the blood Christ.
For he himself is our peace, who has made us both one
And has broken down in his flesh the dividing wall of hostility
By abolishing the law of commandments expressed in ordinances,
That he might create in himself one new man in the place of two,
So making peace, and might reconcile us both to God
In one body through the cross, thereby killing the hostility.

Ephesians 2:4-8

And he came and preached peace
To those we we far off and to those who were near
For through him we both have access in one Spirit
To the Father,
So then you are no longer strangers and aliens,
But you are fellow citizens with the saints
And members of the household of God,
Built on the same foundation of the apostles and prophets,
Christ Jesus himself beiing the cornerstone,

In whom the whole structure, being joined together,
Grows into a holy temple in the Lord.
In him you are also being built into a dwelling place for God
By the Spirit.

WEDNESDAY

Blessed be the God and Father of our Lord Jesus Christ!
According to his great mercy,
he has caused us to be born again to a living hope
through the resurrection of Jesus Christ from the dead,
To an inheritance that is imperishable, undefiled, and unfading,
kept in heaven for you, who by God's power
Are being guarded through faith for a salvation
Ready to be revealed in the last time.
In this you rejoice, though now for a little, if necessary,
You have been grieved by various trials,
So that the tested genuineness of your faith—
More precious than gold that perishes though it is tested by fire—
May be found to result in praise and glory and honor
At the revelation of Jesus Christ.
Though you have not seen him, you love him.
Though you do not now see him, you believe in him,
And rejoice with joy that is inexpressible and filled with glory
Obtaining the outcome of your faith, the salvation of your souls.
1 Peter 1:3-
Conduct yourselves with fear throughout the time of your exile
Knowing that you were ransomed from the futile ways
Inherited from your forefathers,

Not with perishable things such as silver or gold
But with the precious blood of Christ,
Like that of a lamb without blemish or spot.
He was foreknown before the foundation of the world.
But was made manifest in the last times for the sake of you
Who through him are believers in God,
Who raised him from the dead and gave him glory,
So that your faith and hope are in God.

THURSDAY

And so, from the day we heard,
we have not ceased to pray for you,
asking that you may be filled with the knowledge of his will
in all spiritual wisdom and understanding,
so as to walk in a manner worthy of the Lord,
fully pleasing to him: bearing fruit in every good work
and increasing in the knowledge of God;
being strengthened with all power,
according to his glorious might,
for all endurance and patience with joy;
giving thanks to the Father,
who has qualified you to share in the inheritance
of the saints in light.
He has delivered us from the domain of darkness
and transferred us to the kingdom of his beloved Son,
in whom we have redemption, the forgiveness of sins.
He is the firstborn of all creation.

For by him all things were created, in heaven and on earth
Visible and invisible, whether thrones or dominions
Or rulers and authorities—
all things were created through him and for him .
And he is before all things, and in him all things hold together.
And he is the head of the body, the church.
He is the beginning, the firstborn from the dead,
That in everything he might be preeminent.
For in him all the fullness of God was pleased to dwell,
And through him to reconcile to himself all things,
Whether on earth or in heaven,
Making peace by the blood of his cross. *Colossians 1:13-14*

FRIDAY

John answered them, “I baptize with water,
But among you stands one you do not know,
Even, he who comes after me, the strap of whose sandal
I am not worthy to untie.”
These things took place in Bethany across the Jordan,
Where John was baptizing.
The next day he saw Jesus coming toward him and said,
“Behold, the Lamb of God, who takes away the sin of the world.
This is he of whom I said, ‘After me comes a man
Who ranks before me, because he was before me’
I myself did not know him, but for this purpose
I came baptizing with water, that he might be revealed to Israel.”
And John bore witness: “I saw the Spirit descend from heaven

Like a dove, and it remained on him. I myself did not know him,
But he who sent me to baptize with water said to me,
“He on whom you see the Spirit descend and remain, this is he
Who baptizes with the Holy Spirit.
And I have seen and have borne witness
that this is the Son of God.”
The next day again John was standing with his two disciples,
And he looked at Jesus as he walked by and said,
“Behold, the Lamb of God!” *John 1:29*

SATURDAY

Therefore, as you received Christ Jesus the Lord,
So walk in him, rooted and built up in him,
And established in the faith,
Just as you were taught, abounding in thanksgiving.
See to it that no one takes you captive
By philosophy and empty deceit, according to human tradition,
According to the elemental spirits of the world,
And not according to Christ.
For in him the whole fullness of deity dwells bodily,
And you have been filled in him,
Who is the head of all rule and authority.
In him you also were circumcised with a circumcision
Made without hands, by putting off the body of flesh,
By the circumcision of Christ,
Having been buried with him in baptism,
In which you were also raised with him through faith,

In the powerful working of God,
Who raised him from the dead.
And you, who were dead in your trespasses
And the uncircumcision of your flesh,
God made alive together with him,
Having forgiven us all our trespasses,
By canceling the record of debt that stood against us
With its legal demands.
This he set aside, nailing it to the cross.
He disarmed the rulers and authorities,
And put them to open shame, by triumphing over them in him.
Colossians 3:1-

SUNDAY

And they were on the road, going up to Jerusalem,
and Jesus was walking ahead of them.
And they were amazed, and those who followed were afraid.
And taking the twelve again, he began to tell them
what was to happen to him, saying,
“See, we are going up to Jerusalem,
and the Son of Man will be delivered over to the chief priests
and the scribes, and they will condemn him to death
and deliver him over to the Gentiles.
And they will mock him and spit on him,
and flog him and kill him. And after three days he will rise.”
And Jesus called them to him and said to them,
“You know that those who are considered rulers of the Gentiles
lord it over them, and their great ones exercise authority over them.

But it shall not be so among you.

But whoever would be great among you must be your servant,
and whoever would be first among you must be slave of all.

For even the Son of Man came not to be served but to serve,
and to give his life as a ransom for many.”

And they came to Jericho. And as he was leaving Jericho
with his disciples and a great crowd,

Bartimaeus, a blind beggar, the son of Timaeus,
was sitting by the roadside.

And when he heard that it was Jesus of Nazareth,
he began to cry out and say,

“Jesus, Son of David, have mercy on me!”

And many rebuked him, telling him to be silent.

But he cried out all the more,

“Son of David, have mercy on me!”

And Jesus stopped and said, “Call him.”

And they called the blind man, saying to him,

“Take heart. Get up; he is calling you.”

And throwing off his cloak, he sprang up and came to Jesus.

And Jesus said to him, “What do you want me to do for you?”

And the blind man said to him, “Rabbi, let me recover my sight.”

And Jesus said to him, “Go your way; your faith has made you well.”

And immediately he recovered his sight

and followed him on the way. *Mark 10:32-24*

After the lesson,

The Word of the Lord

Thanks be to God.

CANCTICLE

**With your constant love,
you led the people you redeemed.
And brought them in safety
to your holy dwelling.**

Choose for the day of the week

MONDAY/WEDNESDAY/FRIDAY

Blessed be the Lord, the God of Israel;
he has come to his people and set them free.
He has raised up for us a mighty savior,
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham,
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace. *THE SONG OF ZECHARIAH*

TUESDAY/ THURSDAY

Arise, shine, for your light has come,
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land;
deep gloom enshrouds the peoples.
But over you the Lord will rise,
and his glory will appear upon you.
Nations will stream to your light,
and kings to the brightness of your dawning.
Your gates will always be open;
by day or night they will never be shut.
They will call you the City of the Lord,
The Zion of the Holy One of Israel.
Violence will no more be heard in your land,
ruin or destruction within your borders.
You will call your walls, Salvation,
and all your portals, Praise.
The sun will no more be your light by day;
by night you will not need the brightness of the moon.
The Lord will be your everlasting light,
and your God will be your glory *THIRD SONG OF ISAIAH*

SATURDAY/SUNDAY

Splendor and honor and kingly power
are yours by right, O Lord our God,
For you created everything that is,
and by your will they were created and have their being;
And yours by right, O Lamb that was slain,
for with your blood you have redeemed for God,
From every family, language, people, and nation,
a kingdom of priests to serve our God.
And so, to him who sits upon the throne,
and to Christ the Lamb,
Be worship and praise, dominion and splendor,
for ever and for evermore. *Revelation 4:11, 5:9-10, 13*

APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.**

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

III. PRAYER *staying with this Good News*

But I, through the abundance of your steadfast love,
will enter your house.

**I will bow down toward your holy temple
in the fear of you.**

Deliver the people, whom you have redeemed
with your most precious blood,
and by your mercy preserve us forever.

Good Lord, deliver us.

Now as our Savior Christ has taught us,
We are bold to pray,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE SUFFRAGES

Save your people, Lord, and bless your inheritance;

Govern and uphold them, now and always.

Day by day we bless you;

We praise your name for ever.

Lord, keep us from all sin today;

Have mercy upon us, Lord, have mercy.

Lord, show us your love and mercy;

For we put our trust in you.

In you, Lord, is our hope;

Let us never be put to shame.

Heavenly Father,

you have promised to hear what we ask
in the Name of Your Son:

Accept and fulfill our petitions, we pray,

not as we ask in our ignorance,

nor as we deserve in our sinfulness,

but as you know and love us

in your Son Jesus Christ our Lord. Amen.

PRAYER OF THE DAY

For you did not receive the spirit of slavery
to fall back into fear,

But you have received the spirit of adoption as sons,

By whom we cry, "Abba! Father!"

The Spirit himself bears witness with our spirit

That we are children of God, and if children, then heirs—
Heirs of God and fellow heirs with Christs,
Provided we suffer with him in order that we may also
Be glorified with him.

To strengthen those who stand;
to encourage the faint-hearted;
to raise up those who fall;
and finally to beat down Satan under our feet,
We beseech you to hear us, good Lord.

**Our God, in whom we trust:
Strengthen us not to regard overmuch
who is for us or who is against us,
but to see to it that we be with you
in everything we do.**

Choose for the day of the week

MONDAY

O God, the author of peace
and lover of concord,
to know you is eternal life
and to serve you is perfect freedom:
Defend us, your humble servants,
in all assaults of our enemies;
that we, surely trusting in your defense,
may not fear the power of any adversaries,
through the might of Jesus Christ our Lord. **Amen.**

TUESDAY

O Lord, our heavenly Father,
almighty and everlasting God,
you have brought us safely to the beginning of this day:
Defend us by your mighty power,
that we may not fall into sin nor run into any danger;
and that, guided by your Spirit,
we may do what is righteous in your sight;
through Jesus Christ our Lord. **Amen.**

WEDNESDAY

Heavenly Father,
in you we live and move and have our being:
We humbly pray you
so to guide and govern us by your Holy Spirit,
that in all the cares and occupations of our life,
we may not forget you, but may remember
that we are ever walking in your sight;
through Jesus Christ our Lord. **Amen.**

THURSDAY

O God our king,
by the resurrection of your Son, Jesus Christ, from the dead,
You conquered Sin, put death to flight,
And gave us the hope of everlasting life.
Redeem all our days by this victory.
Forgive us our sins, banish our fears

Make us bold to praise you, and to do your will.
And steel us to wait for the consummation of your kingdom
On the last great day. **Amen.**

FRIDAY

Almighty God,
our strong tower of defense in time of trouble:
We offer you praise and heartfelt thanks for our deliverance
from the dangers which lately surrounded us
and for your gracious gift of peace.
We confess that your goodness alone has preserved us;
and we ask you still to continue your mercies toward us,
that we may always know and acknowledge you
as our Savior and mighty Deliverer;
through Jesus Christ our Lord. **Amen.**

SATURDAY

Remember, O Lord, what you have wrought in us
and not what we deserve;
and, as you have called us to your service,
make us worthy of our calling;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

SUNDAY

Almighty God, who, after the creation of the world,
Rested from all your works,

And sanctified a day of rest for all your creatures,
Grant that we, putting away all earthly anxieties,
May be duly prepared for the service of your sanctuary
And that our rest here upon earth
May be a preparation for eternal rest
Promised to your people in heaven.
Through Jesus Christ our Lord. **Amen.**

PRAYER FOR MISSION

When Christ appeared
as a high priest of the good things that have come,
then through the greater and more perfect tent
(not made with hands, that is, not of this creation)
he entered once for all into the holy places,
not by means of the blood of goats and calves
but by means of his own blood,
thus securing an eternal redemption.
For if the blood of goats and bulls, and the sprinkling
of defiled persons with the ashes of a heifer,
sanctify for the purification of the flesh,
how much more will the blood of Christ,
who through the eternal Spirit offered himself
without blemish to God,
purify our conscience from dead works
to serve the living God.

**Lord Jesus Christ,
you stretched out your arms of love
on the hard wood of the Cross
that everyone might come within the reach
of your saving embrace: so clothe us in your Spirit
that we, reaching forth our hands in love,
may bring those who do not know you
to the knowledge and love of you;
for the honor of your Name. Amen.**

INTERCESSIONS, THANKSGIVINGS, PETITIONS

THE GENERAL THANKSGIVING

**Almighty God, Father of all mercies,
We your unworthy servants give you humble thanks
For all your goodness and loving kindness
To us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
For the means of grace and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,**

**and by walking before you
in holiness and righteousness all our days;
Through Jesus Christ our Lord,
To whom with you and the Holy Spirit
Be honor and glory throughout all ages. Amen.**

THE CALL OF CHRIST

And Jesus said to him,
“Today salvation has come to this house,
since he also is a son of Abraham.
For the Son of Man came to seek and to save the lost.”

Now after John was arrested, Jesus came into Galilee,
Proclaiming the gospel of God, and saying,
**“The time is fulfilled,
And the kingdom of God is at hand,
Repent and believe in the gospel.**

BENEDICTION

To him who loves us
and has freed us from our sins by his blood
and made us a kingdom, priests to his God and Father,
to him be glory and dominion forever and ever. **Amen.** Revelation 1:5

**For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus' sake.**

**For God, who said, “Let light shine out of darkness,”
has shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.**

While you have the Light, believe in the Light,
That you may become children of Light.
If anyone walks in the Light, he does not stumble
Because he sees the Light of this world.

Let us bless the Lord,
Thanks be to God

We proclaim the mystery of faith,
Christ has died, Christ is risen, Christ will come again.

NONES *for mid-afternoon*

Since therefore the children share in flesh and blood,
he himself likewise partook of the same things,
that through death he might destroy
the one who has the power of death, that is, the devil,
and deliver all those who through fear of death
were subject to lifelong slavery.
For surely it is not angels that he helps,
but he helps the offspring of Abraham.
Therefore he had to be made like his brothers in every respect,
so that he might become a merciful and faithful high priest
in the service of God, to make propitiation
for the sins of the people.
For because he himself has suffered when tempted,
he is able to help those who are being tempted. *Hebrews 2:14-18*

**Let us then with confidence draw near
to the throne of grace,
that we may receive mercy
and find grace to help in time of need. *Hebrews 4:16***

I. CONFESSION *our return to this Good News*

OPENING SENTENCE

The king is not saved by his great army;
a warrior is not delivered by his great strength.
The war horse is a false hope for salvation,
and by its great might it cannot rescue.
Behold, the eye of the LORD is on those who fear him,
on those who hope in his steadfast love,
that he may deliver their soul from death
and keep them alive in famine.
Our soul waits for the LORD; he is our help and our shield.
For our heart is glad in him,
because we trust in his holy name.
Let your steadfast love, O LORD, be upon us,
even as we hope in you. *Psalm 34:15-21*

**Blessed is the man who trusts in the Lord,
whose trust is the Lord.
He is like a tree planted by water,
that sends out its roots by the stream,
and does not fear when heat comes,
for its leaves remain green,
and is not anxious in the year of drought,
for it does not cease to bear fruit.” *Jeremiah 17:8***

OPENING PRAYER

Blessed Savior, at this hour you hung upon the Cross,
stretching out your loving arms:
Grant that all the peoples of the earth
may look to you and be saved;
for your tender mercies' sake. Amen.

**Lord have mercy,
Christ have mercy
Lord have mercy**

CONFESSION OF SIN

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
That we may delight in your will
And walk in your ways, to the glory of your name.**

REQUEST FOR ABSOLUTION

For our self pity and impatience
For bitterness and resentment
For uncharitable thoughts toward our neighbors
For prejudice and contempt of others
Lord have mercy upon us for we have sinned against you.

Almighty God have mercy on us,
Forgive us all our sins through our Lord Jesus Christ,
Confirm and strengthen us in all goodness,
And by the power of the Holy Spirit,
Raise us up to serve you in newness of life. **Amen.**

**Create in me, a clean heart, O God.
And renew a right spirit within me.
Cast me not away from your presence
And take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.**

ASSURANCE OF PARDON

Hear the Word of God
to all who truly turn to Him:
“This saying is trustworthy
and deserving of full acceptance,
That Christ Jesus came into the world to save sinners.” *1 Timothy 1:15*

And the Lord said,

“And I will betroth you to me forever.

**I will betroth you to me in righteousness and in justice,
in steadfast love and in mercy.**

I will betroth you to me in faithfulness.

And you shall know the LORD.”

My dwelling place shall be with them,

and I will be their God, and they shall be my people.

WALKING IN NEWNESS OF LIFE *optional*

For the mind that is set on the flesh is hostile to God,

For it does not submit to God’s law, indeed it cannot

Those who are in the flesh cannot please god.

You however are in the flesh but in the Spirit,

If in fact the Spirit of God dwells in you.

Anyone who does not have the Spirit of Christ

Does not belong to him.

But if Christ is in you, although the body is dead because of sin

The Spirit is life because of righteousness.

For the law of the Spirit of life

Has set you free in Christ Jesus from the law of sin and death
So then, brothers, we are debtors, not to the flesh,
To live according to the flesh.

For if you live according to the flesh you will die,
But if by the Spirit you put to death the deeds of the body,
You will live.

For all who are led by the Spirit of God are sons of God.
And those who belong to Christ Jesus have crucified the flesh
With its passions and desires.

If we live by the spirit, let us also keep step with the Spirit.

II. SCRIPTURE *receiving this Good News*

The Lord said,

“Truly, truly, I say to you, an hour is coming and is now here,
when the dead will hear the voice of the Son of God,
and those who hear will live.

For as the Father has life in himself,
so he has granted the Son also to have life in himself.

This is eternal life:

that they know you the only true God

And Jesus Christ whom you have sent.

Everyone who believes in Him

Receive the forgiveness of sins through His name.

The righteousness of God

through faith in Jesus Christ for all who believe.

These are written

so that you may believe Jesus is the Christ the Son of God

And that by believing you may have life in His Name.

For our sake he made him to be sin who knew no sin

So that in him we might become

the righteousness of God.

For all have sinned

And fallen short of the glory of God

And are justified by his grace as a gift

Through the redemption that is in Christ Jesus

PSALMS

Send out your light and your truth,
That they may lead me,
and bring me to your holy hill
And to your dwelling.
My soul clings to you
Your right hand upholds me.
**My flesh and my heart may fail,
But God is the strength of my heart,
And my portion forever.**

Choose for the day of the week

MONDAY

Those who put their trust in the Lord
shall be like Mount Zion, which cannot be moved,
but stands fast for ever.
The hills stand about Jerusalem
even as the Lord stands round about his
people, from this time forth for evermore.
For the scepter of the ungodly shall not rest upon
the land allotted to the righteous,
lest the righteous put forth their hand to do wickedness.
Do good, O Lord, unto those who are good,
unto those who are good and true of heart.
As for those who turn aside to their own wicked ways,
the Lord shall lead them away with the evildoers;
but peace shall be upon Israel. 125

TUESDAY

When the Lord overturned the captivity of Zion,
then were we like those who dream.

Then was our mouth filled with laughter
and our tongue with shouts of joy.

Then they said among the nations,

“The Lord has done great things for them.”

Indeed, the Lord has done great things for us already,
whereof we rejoice.

Overturn our captivity, O Lord,
as when streams refresh the deserts of the south.

Those who sow in tears shall reap with songs of joy.

He who goes on his way weeping and bears good seed
shall doubtless come again with joy,
and bring his sheaves with Him. *126*

WEDNESDAY

Unless the Lord builds the house,
their labor is in vain who build it.

Unless the Lord keeps the city,
the watchman keeps vigil in vain.

It is in vain that you rise up early, and take rest so late,
and eat the bread of toil, for he gives to his beloved sleep.

Behold, children are a heritage from the Lord,
and the fruit of the womb is a gift that comes from him.

Like arrows in the hand of a warrior,
so are the children of one's youth.

Happy is the man who has his quiver full of them;
he shall not be ashamed
when he speaks with his enemies in the gate. *127*

THURSDAY

Blessed are all those who fear the Lord and walk in his ways.
For you shall eat of the labors of your hands;
it shall be well with you, and happy you shall be.
Your wife shall be as a fruitful vine
upon the walls of your house,
Your children like the olive branches round about your table.
Indeed, thus shall the man be blessed who fears the Lord.
May the Lord bless you out of Zion;
may you see Jerusalem in prosperity all your life long.
May you see your children's children,
and may there be peace upon Israel. *128*

FRIDAY

“Many a time have they fought against me from my youth on,”
may Israel now say; “Indeed, many a time
have they afflicted me from my youth on,
but they have not prevailed against me.
The plowers plowed upon my back, and made long furrows.
But the righteous Lord
has hewn the snares of the ungodly in pieces.”
Let them be ashamed and turned backward, as many as hate Zion.
Let them be as the grass growing upon the housetops,
which withers before it grows up,

Which does not fill the hand of the reaper,
neither the bosom of him who binds up the sheaves,
So that those who go by say not so much as,
“The Lord prosper you. We bless you in the Name of the Lord.” ¹²⁹

SATURDAY

Let your loving mercy come to me, O Lord,
even your salvation, according to your word.
So shall I answer those who taunt me,
For my trust is in your word.
O do not take the word of your truth
utterly out of my mouth,
for my hope is in your judgments.
So shall I always keep your law,
even for ever and ever;
And I will walk at liberty,
for I seek your commandments.
I will speak of your testimonies also, even before kings,
and will not be ashamed;
And my delight shall be in your commandments,
which I have loved exceedingly.
My hands also will I lift up to your commandments,
and I will meditate on your statutes. ^{119:41-48}

SUNDAY

O remember your word to your servant,
in which you have caused me to put my trust.
This is my comfort in my trouble,

for your word has given me life.
The proud have held me exceedingly in derision,
yet I have not turned aside from your law.
For I have remembered, O Lord, your judgments from of old,
and by them I have received comfort.
I am filled with indignation,
because of the ungodly who forsake your law.
Your statutes have been my songs
in the house of my pilgrimage.
I have thought upon your Name, O Lord, in the night season,
and I have kept your law. This has been my reward,
because I have kept your commandments. *119:48-56*

After the Psalm

**Glory be to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end. Amen.**

GOSPELS AND EPISTLES *choose one or more*

For Christ also suffered once for sins,
the righteous for the unrighteous,
that he might bring us to God,
being put to death in the flesh
but made alive in the Spirit.
For this is why the gospel was preached
even to those who are dead,
that though judged in the flesh the way people are,

they might live in the Spirit the way God does.
When the goodness and loving kindness
of God our Savior appeared,
He saved us, not because of works done by us in righteousness,
but according to his own mercy,
by the washing of regeneration and renewal of the Holy Spirit,
whom he poured out on us richly
Through Jesus Christ our Savior,
so that being justified by his grace
we might become heirs according to the hope of eternal life.

**Once you were not a people, now you are God's people
Once you had not received Mercy,
now you have received Mercy
For you were straying like sheep,
but have now returned
to the Shepherd and Overseer of your Souls.**

Choose for the day of the week

MONDAY

What then? Are we Jews any better off?
No, not at all. For we have already charged that all,
both Jews and Greeks, are under sin, as it is written:
“None is righteous, no, not one;
no one understands; no one seeks for God.
All have turned aside;
together they have become worthless;
no one does good, not even one.”

“Their throat is an open grave;
they use their tongues to deceive.”
“The venom of asps is under their lips.”
“Their mouth is full of curses and bitterness.”
“Their feet are swift to shed blood;
in their paths are ruin and misery,
and the way of peace they have not known.”
“There is no fear of God before their eyes.”

Now we know that whatever the law says it speaks
to those who are under the law, so that every mouth
may be stopped, and the whole world
may be held accountable to God.

For by works of the law no human being
will be justified in his sight,
since through the law comes knowledge of sin.
But now the righteousness of God
has been manifested apart from the law,
although the Law and the Prophets bear witness to it—
the righteousness of God
through faith in Jesus Christ for all who believe.
For there is no distinction: for all have sinned
and fall short of the glory of God,
and are justified by his grace as a gift,
through the redemption that is in Christ Jesus,
whom God put forward as a propitiation by his blood,
to be received by faith.

This was to show God's righteousness,

because in his divine forbearance he had passed over former sins.
It was to show his righteousness at the present time,
so that he might be just and the justifier
of the one who has faith in Jesus. *Romans 3:9-26*

TUESDAY

But when he who had set me apart before I was born,
and who called me by his grace,
was pleased to reveal his Son to me,
in order that I might preach him among the Gentiles,
I did not immediately consult with anyone;
nor did I go up to Jerusalem to those who were apostles before me,
but I went away into Arabia, and returned again to Damascus.
Christ redeemed us from the curse of the law
by becoming a curse for us—for it is written,
“Cursed is everyone who is hanged on a tree”—
so that in Christ Jesus the blessing of Abraham
might come to the Gentiles, so that we might receive
the promised Spirit through faith.
But when the fulness of of time had come
God sent forth his Son
Born of woman, born under the law,
To redeem those who were under the law,
So that we might receive adoption as sons
God has sent the Spirit of his Son into our hearts,
Crying, “Abba! Father!”
So you are no longer a slave, but a son,

And if a son, then heir through God.
For in Christ Jesus you are all sons of God, through faith.
For as many of you were baptized into Christ have put on Christ.
There is neither Jew nor Greek, there is neither slave nor free,
There is no male and female, for you are all one in Christ Jesus.
And if you are Christ's,
then you are Abraham's offspring,
heirs according to promise.

O foolish Galatians! Who has bewitched you?
It was before your eyes that Jesus Christ
was publicly portrayed as crucified.
Let me ask you only this: Did you receive the Spirit
by works of the law or by hearing with faith?
Are you so foolish? Having begun by the Spirit,
are you now being perfected by the flesh?
Did you suffer so many things in vain— if indeed it was in vain?
Does he who supplies the Spirit to you
and works miracles among you do so by works of the law,
or by hearing with faith— just as Abraham “believed God,
and it was counted to him as righteousness”?
We ourselves are Jews by birth and not Gentile sinners;
Yet we know that a person is not justified by works of the law
But through faith in Jesus Christ.
So we also have believed in Christ Jesus,
In order to be justified by faith in Christ
And not by works of the law, because by works of the law

No one will be justified.
But if, in our endeavor to justified in Christ,
We too were found to be sinners, is Christ then a servant of sin?
Certainly not! For if I rebuild what I tore down, I prove myself
To be a transgressor. For through the law I died to the law,
So that I might live to God.
I have been crucified with Christ. It is no longer I who live,
But Christ who lives in me.
And the life I now live in the flesh,
I live by faith in the Son of God,
who loved me and gave Himself for me. *Galatians 2:20*
You are severed from Christ,
You who would be justified by the law;
You have fallen away from grace.
For through Spirit, by faith, we ourselves eagerly wait
For the hope of righteousness

WEDNESDAY

For while we were still weak, at the right time
Christ died for the ungodly.
For one will scarcely die for a righteous person—
though perhaps for a good person one would dare even to die—
but God shows his love for us
In that while we were still sinners, Christ died for us.
Since, therefore, we have now been justified by his blood,
much more shall we be saved by him from the wrath of God.
For if while we were enemies we were reconciled to God

by the death of his Son, much more,
now that we are reconciled, shall we be saved by his life.
More than that, we also rejoice in God
through our Lord Jesus Christ,
through whom we have now received reconciliation.
Therefore, just as sin came into the world through one man,
and death through sin, and so death spread to all men
because all sinned— for sin indeed was in the world
before the law was given,
but sin is not counted where there is no law.
Yet death reigned from Adam to Moses,
even over those whose sinning
was not like the transgression of Adam,
who was a type of the one who was to come.
But the free gift is not like the trespass.
For if many died through one man's trespass,
much more have the grace of God
and the free gift by the grace of that one man Jesus Christ
abounded for many.
And the free gift is not like the result of that one man's sin.
For the judgment following one trespass brought condemnation,
but the free gift following many trespasses brought justification.
For if, because of one man's trespass,
death reigned through that one man,
much more will those who receive the abundance of grace
and the free gift of righteousness reign in life
through the one man Jesus Christ.

Therefore, as one trespass led to condemnation for all men,
so one act of righteousness leads to justification
and life for all men.

For as by the one man's disobedience
the many were made sinners,
so by the one man's obedience the many will be made righteous.
Now the law came in to increase the trespass,
but where sin increased, grace abounded all the more,
so that, as sin reigned in death,
grace also might reign through righteousness
leading to eternal life through Jesus Christ our Lord. *Romans 5:1-21*

THURSDAY

Consequently, when Christ came into the world, he said,
“Sacrifices and offerings you have not desired,
but a body have you prepared for me;
in burnt offerings and sin offerings you have taken no pleasure.
Then I said, ‘Behold, I have come to do your will, O God,
as it is written of me in the scroll of the book.’”

When he said above, “You have neither desired nor taken
pleasure in sacrifices and offerings and burnt offerings
and sin offerings” (these are offered according to the law),
then he added, “Behold, I have come to do your will.”
He does away with the first in order to establish the second.
And by that will we have been sanctified
through the offering of the body of Jesus Christ once for all.
And every priest stands daily at his service,

offering repeatedly the same sacrifices,
which can never take away sins.

But when Christ had offered for all time
a single sacrifice for sins,
he sat down at the right hand of God,
waiting from that time until his enemies
should be made a footstool for his feet.

For by a single offering he has perfected for all time
those who are being sanctified.

And the Holy Spirit also bears witness to us; for after saying,

*“This is the covenant that I will make with them
after those days, declares the Lord:*

I will put my laws on their hearts,

and write them on their minds,” then he adds,

“I will remember their sins and their lawless deeds no more.”

Where there is forgiveness of these,
there is no longer any offering for sin.

FRIDAY

Now among those who went up to worship at the feast
were some Greeks. So these came to Philip,
who was from Bethsaida in Galilee, and asked him,
“Sir, we wish to see Jesus.”

Philip went and told Andrew; Andrew and Philip
went and told Jesus. And Jesus answered them,

“The hour has come for the Son of Man to be glorified.

Truly, truly, I say to you, unless a grain of wheat falls into the earth

and dies, it remains alone; but if it dies, it bears much fruit.
Whoever loves his life loses it, and whoever hates his life in this world will keep it for eternal life.

If anyone serves me, he must follow me;
and where I am, there will my servant be also.

If anyone serves me, the Father will honor him.

“Now is my soul troubled. And what shall I say?

‘Father, save me from this hour’?

But for this purpose I have come to this hour.

Father, glorify your name.”

Then a voice came from heaven:

“I have glorified it, and I will glorify it again.”

The crowd that stood there and heard it said that it had thundered.

Others said, “An angel has spoken to him.”

Jesus answered, “This voice has come for your sake, not mine.

Now is the judgment of this world;

now will the ruler of this world be cast out.

And I, when I am lifted up from the earth,

will draw all people to myself.”

He said this to show by what kind of death he was going to die.

So the crowd answered him,

“We have heard from the Law that the Christ remains forever.

How can you say that the Son of Man must be lifted up?

Who is this Son of Man?” So Jesus said to them,

“The light is among you for a little while longer.

Walk while you have the light, lest darkness overtake you.

The one who walks in the darkness

does not know where he is going.
While you have the light, believe in the light,
that you may become sons of light.” *John 12:20-22*

SATURDAY

Now if Christ is proclaimed as raised from the dead,
how can some of you say that there is no resurrection of the dead?
But if there is no resurrection of the dead,
then not even Christ has been raised.
And if Christ has not been raised,
then our preaching is in vain and your faith is in vain.
We are even found to be misrepresenting God,
because we testified about God that he raised Christ,
whom he did not raise if it is true that the dead are not raised.
For if the dead are not raised, not even Christ has been raised.
And if Christ has not been raised,
your faith is futile and you are still in your sins.
Then those also who have fallen asleep in Christ have perished.
If in Christ we have hope in this life only,
we are of all people most to be pitied.
But in fact Christ has been raised from the dead,
the firstfruits of those who have fallen asleep.
For as by a man came death,
by a man has come also the resurrection of the dead.
For as in Adam all die, so also in Christ shall all be made alive.
But each in his own order: Christ the firstfruits
then at his coming those who belong to Christ.

Then comes the end,
when he delivers the kingdom to God the Father
after destroying every rule and every authority and power.
For he must reign until he has put all his enemies under his feet.
The last enemy to be destroyed is death.
For “God has put all things in subjection under his feet.”
But when it says, “all things are put in subjection,”
It is plain that he is excepted who put all things
in subjection under him.
When all things are subjected to him, then the Son
himself will also be subjected to him
who put all things in subjection under him,
that God may be all in all. *1 Cor. 15:12-28*

SUNDAY

On the evening of that day, the first day of the week,
the doors being locked where the disciples were for fear of the
Jews, Jesus came and stood among them and said to them,
“Peace be with you.” When he had said this,
he showed them his hands and his side.
Then the disciples were glad when they saw the Lord.
Jesus said to them again, “Peace be with you.
As the Father has sent me, even so I am sending you.”
And when he had said this, he breathed on them and said to them,
“Receive the Holy Spirit. If you forgive the sins of any,
they are forgiven them; if you withhold forgiveness from any,
it is withheld.”

Now Thomas, one of the twelve, called the Twin,
was not with them when Jesus came.

So the other disciples told him, “We have seen the Lord.”

But he said to them, “Unless I see in his hands
the mark of the nails, and place my finger
into the mark of the nails, and place my hand into his side,
I will never believe.”

Eight days later, his disciples were inside again,
and Thomas was with them.

Although the doors were locked,

Jesus came and stood among them and said,

“Peace be with you.” Then he said to Thomas,

“Put your finger here, and see my hands;

and put out your hand, and place it in my side.

Do not disbelieve, but believe.” Thomas answered him,

“My Lord and my God!” Jesus said to him,

“Have you believed because you have seen me?

Blessed are those who have not seen and yet have believed.”

Now Jesus did many other signs in the presence of the disciples,

which are not written in this book; but these are written

so that you may believe that Jesus is the Christ,

the Son of God, and that by believing

you may have life in his name. *John 20:11-18*

After the Lesson,

The Word of the Lord

Thanks be to God

CANTICLE

**With your constant love,
you led the people you redeemed
You brought them in safety
to your holy dwelling.**

Choose for the day of the week

MONDAY/WEDNESDAY/FRIDAY

I will sing to the Lord, for he is lofty and uplifted;
the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge;
the Lord has become my Savior.

This is my God and I will praise him,
the God of my people and I will exalt him.

The Lord is a mighty warrior;
Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea;
the finest of those who bear armor
have been drowned in the Red Sea.

The fathomless deep has overwhelmed them;
they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might;
your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods?
who is like you, glorious in holiness, awesome in renown,
and worker of wonders?

You stretched forth your right hand;
the earth swallowed them up.

With your constant love you led the people you redeemed;
with your might you brought them in safety
to your holy dwelling.
You will bring them in and plant them
on the mount of your possession,
The resting-place you have made for yourself, O Lord,
The sanctuary, O Lord, that your hand has established.
The Lord shall reign for ever and for ever. *THE SONG OF MOSES*

TUESDAY/THURSDAY

Seek the Lord while he wills to be found;
call upon him when he draws near.
Let the wicked forsake their ways
and the evil ones their thoughts;
And let them turn to the Lord,
and he will have compassion,
and to our God, for he will richly pardon.
For my thoughts are not your thoughts,
nor your ways my ways, says the Lord.
For as the heavens are higher than the earth,
so are my ways higher than your ways,
and my thoughts than your thoughts.
For as rain and snow fall from the heavens
and return not again, but water the earth,
Bringing forth life and giving growth,
seed for sowing and bread for eating,
So is my word that goes forth from my mouth;

it will not return to me empty;
But it will accomplish that which I have purposed,
and prosper in that for which I sent it. *Isaiah 55:6-11*

SATURDAY/SUNDAY

O ruler of the universe, Lord God,
great deeds are they that you have done,
surpassing human understanding.
Your ways are ways of righteousness and truth,
O King of all the ages.
Who can fail to do you homage, Lord,
and sing the praises of your Name?
For you only are the Holy One.
All nations will draw near and fall down before you,
because your just and holy works have been revealed. *Revelation 15:3-4*

TE DEUM LAUDAMUS

**You are God: we praise you;
You are the Lord: we acclaim you
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Serpahim, sing in endless praise:
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full of your glory
The glorious company of apostle praise you
The white robed army of martyrs praise you.
Throughout the world the holy church acclaims you;
Father, of majesty unbounded,
Your true and only Son, worthy of all worship,
And the Holy Spirit, advocate and guide.
You, O Christ, are the king of glory.
The only Son of the Father.
When you took on flesh to set us free.
You humbly chose the virgins womb.
You overcame the sting of death.
And opened the kingdom of heaven to all believers.
Come then Lord and help your people.
Bought with price of your own blood.
And bring us with your saints to glory everlasting.**

III. PRAYER *staying with this Good News*

The Lord be with you

And also with you

Let us pray

Jesus, Lamb of God,

Have Mercy on us,

Jesus bearer of our sins,

Have Mercy on us,

Jesus, redeemer of the world,

Give us your peace.

Now as our Savior Jesus Christ taught us,

We are bold to pray,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

THE SUFFRAGES

O Lord, arise and help us;

And deliver us for your Name's sake.

From our enemies defend us, O Christ;

Graciously behold our afflictions.

With pity behold the sorrows of our hearts;

Mercifully forgive the sins of your people.

With favor hear our prayers;

O Son of David, have mercy upon us.

Heavenly Father, you have promised
to hear what we ask in the Name of Your Son:
Accept and fulfill our petitions, we pray,
not as we ask in our ignorance,
nor as we deserve in our sinfulness,
but as you know and love us
in your Son Jesus Christ our Lord. Amen.

PRAYER OF THE DAY

For all the promises of God find their Yes in Him.
That it is why it is through him
that we utter our Amen to God For his glory.
And it God who establishes us with you in Christ
And has anointed us, and who has also put his seal on us.
And given us His Spirit in our hearts as a guarantee.

O Lord God, grant your people grace
to withstand the temptations
of the world, the flesh, and the devil,
and with pure hearts and minds to follow you,
the only God; through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

**Our God, in whom we trust:
Strengthen us not to regard overmuch
who is for us or who is against us,
but to see to it that we be with you
in everything we do**

Choose for the day of the week

MONDAY

O God, the King of glory,
you have exalted your only Son, Jesus Christ
with great triumph to your kingdom in heaven:
Do not leave us comfortless,
but send us your Holy Spirit to strengthen us,
and exalt us to that place where our Savior Christ has gone before;
who lives and reigns with you and the Holy Spirit,
one God, in glory everlasting. **Amen.**

TUESDAY

Grant us, O Lord, to trust in you with all our hearts;
for, as you always resist the proud

who confide in their own strength,
so you never forsake those
who make their boast of your mercy;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

WEDNESDAY

Dear Lord and Savior Jesus Christ:
I hold up all my weakness to your strength,
my failure to your faithfulness,
my sinfulness to your perfection,
my loneliness to your compassion,
my little pains to your great agony on the Cross.
I pray that you will cleanse me, strengthen me, guide me,
so that in all ways my life may be lived
as you would have it lived, without cowardice and for you alone.
Show me how to live in true humility, true contrition,
and true love. **Amen.**

THURSDAY

Stir up your power, O Lord,
and with great might come among us;
And, because we are sorely hindered by our sins,
Let your bountiful grace and mercy speedily help us and deliver us
Through Jesus Christ our Lord,
To whom, with you and the Holy Spirit,
Be honor and glory, now and forever. **Amen.**

FRIDAY

Gracious God, the comfort of all who sorrow,
The strength of those who suffer:
Let the cry of those in misery and need come to you,
That they might find your mercy present with them
In all their afflictions, and give us, we pray,
The strength to serve them
for the sake of Him who suffered for us,
Your Son, Jesus Christ our Lord. **Amen.**

SATURDAY

Almighty God, you alone can bring into order
the unruly wills and affections of sinners:
Grant your people grace to love what you command
and desire what you promise;
that, among the swift and varied changes of the world,
our hearts may surely there be fixed where true joys are to be found;
through Jesus Christ our Lord, who lives and reigns with you and
the Holy Spirit, one God, now and for ever. **Amen.**

SUNDAY

Merciful God, creator of all the peoples of the earth
And lover of souls: have compassion on all who do not know you
As you are revealed in your Son Jesus Christ;
Let your Gospel be preached with grace and power
To those who have not heard it;
Turn the hearts of those who resist it;
And bring home to your fold those who have gone astray;

That there may be one flock under one Shepherd,
Jesus Christ our Lord. **Amen.**

PRAYER FOR MISSION

When my soul was embittered, when I was pricked in heart,
I was brutish and ignorant;
I was like a beast toward you.
Nevertheless, I am continually with you;
you hold my right hand.
You guide me with your counsel,
and afterward you will receive me to glory.
Whom have I in heaven but you?
And there is nothing on earth that I desire besides you.
My flesh and my heart may fail,
but God is the strength of my heart and my portion forever.

**O God, you have made of one blood
all the peoples of the earth, and sent your blessed Son
to preach peace to those who are far off
and to those who are near:
Grant that people everywhere
may seek after you and find you;
bring the nations into your fold;
pour out your Spirit upon all flesh;
and hasten the coming of your kingdom;
through Jesus Christ our Lord. Amen.**

INTERCESSION, PETITIONS, THANKSGIVINGS, *silently or aloud*

PRAYER OF ST. JOHN CHRYSOSTOM

Almighty God, you have given us such grace
At this time, with one accord,
To make our common supplications to you,
And you have promised us through your well beloved Son
That when two or three are gathered in His Name
You will be in the midst of them:
Fulfill now, O Lord, our desires and petitions
As may be best for us, granting us in this world
Knowledge of your truth,
And in the age to come, life everlasting.

THE CALL OF CHRIST

The Lord said, “If anyone would come after me,
let him deny himself and take up his cross and follow me.
For whoever would save his life will lose it,
but whoever loses his life
for my sake and the gospel's will save it.” *Matthew 16:24*

Now after John was arrested, Jesus came into Galilee,
Proclaiming the gospel of God, and saying,
**“The time is fulfilled, and the kingdom of God is at hand,
Repent and believe in the gospel.**

BENEDICTION

They have washed their robes
and made them white in the blood of the Lamb.

Therefore they are before the throne of God,
and serve him day and night in his temple;
and he who sits on the throne
will shelter them with his presence.

They shall hunger no more, neither thirst anymore;
the sun shall not strike them, nor any scorching heat.
For the Lamb in the midst of the throne
will be their shepherd, and he will guide them
to springs of living water, and God will wipe away
every tear from their eyes. **Amen.**Revelation 7:15-17

**For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus' sake.
For God, who said, "Let light shine out of darkness,"
has shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.**

While you have the Light, believe in the Light,
That you may become children of Light.
If anyone walks in the Light, he does not stumble
Because he sees the Light of this world.

We proclaim the mystery of faith,
Christ has died, Christ is risen, Christ will come again.

VESPERS *for early evening*

But on the other hand, a better hope is introduced,
through which we draw near to God.
For we have come to share in Christ,
If indeed we hold fast our original confidence until the end.
We who have fled for refuge might have strong encouragement
To hold fast to the hope set before us,
We have this as a sure and steadfast anchor of the soul,
A hope that enters into the inner place behind the curtain,
Where Jesus has gone as a forerunner on our behalf.
He holds his priesthood permanently,
because he continues forever.
Consequently, he is able to save to the uttermost
Those who draw near to God through him,
since he always lives to make intercession for them. *Hebrews 7*

**Let us then with confidence draw near
to the throne of grace,
that we may receive mercy
and find grace to help in time of need.** *Hebrews 4:16*

I. CONFESSION *out return to this Good News*

OPENING ACCLAMATION

Trust in the LORD, and do good;
dwell in the land and befriend faithfulness.

Delight yourself in the LORD,
and he will give you the desires of your heart.

Commit your way to the LORD;
trust in him, and he will act.

He will bring forth your righteousness as the light,
and your justice as the noonday.

Be still before the LORD and wait patiently for him *Psalm 37:3*

**Blessed is the man who trusts in the Lord,
whose trust is the Lord.**

**He is like a tree planted by water,
that sends out its roots by the stream,
and does not fear when heat comes,
for its leaves remain green,
and is not anxious in the year of drought,
for it does not cease to bear fruit.” *Jeremiah 17:8***

OPENING PRAYER

O Gracious Light,
pure brightness of the everliving Father in Heaven.
O Jesus Christ, Holy and blessed.
Now as we come to the setting of the sun.

And our eyes behold the vesper light.
We sing your praises O God,
Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of Life.
And to be glorified through all the worlds.
Lord have mercy,
Christ have mercy
Lord have mercy

CONFESSION OF SIN

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.

**For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
That we may delight in your will
And walk in your ways, to the glory of your name.**

REQUEST FOR ABSOLUTION

To bring into the way of truth
all who have erred and are deceived,
To give us a heart to love and fear you,
and diligently to keep your commandments,
We beseech you to hear us, good Lord.

Almighty God have mercy on us,
Forgive us all our sins through our Lord Jesus Christ,
Confirm and strengthen us in all goodness,
And by the power of the Holy Spirit,
Raise us up to serve you in newness of life. **Amen.**

**Create in me, a clean heart, O God.
And renew a right spirit within me.
Cast me not away from your presence
And take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.**

ASSURANCE OF PARDON

Hear the Word of God

to all who truly turn to Him:

“But if anyone does sin, we have an advocate with the Father
Jesus Christ the righteous.

He is the propitiation for our sins.

And not for ours only, but also for the sins of the whole world.”

The Lord said:

**I will sprinkle clean water on you,
and you shall be clean from all your uncleanness,
and from all your idols I will cleanse you.**

**And I will give you a new heart,
and a new spirit I will put within you.**

**And I will remove the heart of stone from your flesh
and give you a heart of flesh.**

And I will put my Spirit within you.

**My dwelling place shall be with them,
and I will be their God, and they shall be my people.**

WALKING IN NEWNESS OF LIFE *optional*

Such is the confidence that we have through Christ toward God,
Not that we are sufficient in ourselves to claim anything
As coming from us, but our sufficiency is from God
Who has made us sufficient to be ministers of a new covenant
Not of the letter but of the Spirit,
For the letter kills, but the Spirit gives life.

But I say, walk by the Spirit, and you will not gratify
The desires of the flesh.

For the desires of the flesh are against the Spirit,
And the desires of the Spirit are against the flesh,
For these are opposed to each other, to keep you
From doing the things you want to do.

But if you are led by the Spirit, you are not under the law.

Now the works of the flesh are evident
Sexual immorality, impurity, sensuality, idolatry,
Sorcery, enmity, strife, jealousy, fits of anger, rivalries
Dissensions, divisions, envy, drunkenness, orgies
And things like these.

I warn you, as I warned you before, that those
Who do such things will not inherit the kingdom of God.
But the fruit of the Spirit is love, joy, peace, patience,
Kindness, goodness, faithfulness, gentleness, self control
Against such things there is no law.

II. SCRIPTURE *receiving this Good News*

The Lord said,

“Truly, truly, I say to you,

whoever hears my word

and believes him who sent me has eternal life.

He does not come into judgment,

but has passed from death to life.” *John 5:2*

This is eternal life:

that they know you the only true God

And Jesus Christ whom you have sent.

Everyone who believes in Him

Receive the forgiveness of sins through His name.

the righteousness of God

through faith in Jesus Christ for all who believe.

These are written

so that you may believe Jesus is the Christ the Son of God

And that by believing you may have life in His Name.

He made him to be sin who knew no sin

That we might become the righteousness of God.

For all have sinned

And fallen short of the glory of God

And are justified by his grace as a gift

Through the redemption that is in Christ Jesus

PSALMS

Bless the Lord, O my soul,
and all that is within me, bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good.
So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life.

**My flesh and my heart may fail,
but God is the strength of my heart
and my portion forever.**

Choose for day of the week

MONDAY

Out of the deep have I called unto you, O Lord;
Lord, hear my voice. O let your ears consider well
the voice of my supplications.
If you, Lord, were to mark what is done amiss,
O Lord, who could abide it?
For there is mercy with you; therefore you shall be feared.
I wait for the Lord; my soul waits for him;

in his word is my trust.
My soul waits for the Lord,
more than watchmen for the morning,
more than watchmen for the morning.
O Israel, trust in the Lord, for with the Lord there is mercy,
and with him is plenteous redemption;
And he shall redeem Israel from all their sins. *130*

TUESDAY

O Lord, I am not haughty; I have no proud looks.
I do not occupy myself with great matters,
or with things that are too high for me.
But I have stilled and quieted my soul,
like a weaned child upon his mother's breast;
so is my soul quieted within me.
O Israel, trust in the Lord
from this time forth for evermore. *131*

WEDNESDAY

Lord, remember David, and all his tribulations,
How he swore unto the Lord, and vowed a vow
unto the Almighty God of Jacob:
"I will not come within the tabernacle of my house,
nor climb up into my bed,
I will not allow my eyes to sleep, nor my eyelids to slumber,
neither the temples of my head to take any rest,
Until I find a place for the temple of the Lord,

a habitation for the mighty God of Jacob.”
Lo, we heard of the ark at Ephrathah
and found it in the wood.
We will go into his tabernacle,
and fall low on our knees before his footstool.
Arise, O Lord, into your resting-place,
you and the ark of your strength.
Let your priests be clothed with righteousness,
and let your saints sing with joy.
For your servant David’s sake,
turn not away the presence of your Anointed.
The Lord has made a faithful oath unto David,
and he shall not shrink from it:
“Of the fruit of your body shall I set upon your throne.
If your children will keep my covenant,
and my testimonies that I shall teach them,
their children also shall sit
upon your throne for evermore.”
For the Lord has chosen Zion for himself;
he has longed for her to be his habitation:
“This shall be my rest for ever;
here will I dwell, for I have a delight therein.
I will bless her provisions with increase,
and will satisfy her poor with bread.
I will clothe her priests with salvation,
and her saints shall rejoice and sing.
There shall I make the horn of David flourish;

I have prepared a lantern for my Anointed.
As for his enemies, I shall clothe them with shame;
but upon his head shall his crown flourish.”¹³²

THURSDAY

Behold, how good and joyful a thing it is
when brethren dwell together in unity.
It is like the precious ointment upon the head,
that ran down upon the beard, even Aaron’s beard,
and went down to the edges of his clothing,
Like the dew of Hermon, which falls upon the hills of Zion.
For there the Lord promised his blessing,
even life for evermore. ¹³³

FRIDAY

Behold now, praise the Lord, all you servants of the Lord,
You that stand by night in the house of the Lord,
even in the courts of the house of our God.
Lift up your hands in the sanctuary
and sing praises unto the Lord.
The Lord who made heaven and earth
give you blessing out of Zion. ¹³⁴

SATURDAY

Your hands have made me and fashioned me;
O give me understanding,
that I may learn your commandments.
Those who fear you will be glad when they see me,

because I have put my trust in your word.
I know, O Lord, that your judgments are right,
and that in your faithfulness
you have caused me to be afflicted.
O let your merciful kindness be my comfort,
according to your word to your servant.
O let your loving mercies come to me,
that I may live, for your law is my delight.
Let the proud be put to shame,
for they go about wickedly to destroy me;
but I will meditate on your commandments.
Let those who fear you turn to me,
even those who know your testimonies.
O let my heart be sound in your statutes,
that I may never be put to shame. *119: 73-80*

SUNDAY

My soul has longed for your salvation,
and I have a good hope because of your word.
My eyes long sorely for your word,
saying, "O when will you comfort me?"
For I have become like a wineskin in the smoke,
yet I do not forget your statutes.
How many are the days of your servant?
When will you execute judgment
on those who persecute me?
The proud have dug pits for me;

they do not walk after your law.
All your commandments are true.
They persecute me falsely; O Lord, be my help.
They had almost made an end of me on earth,
but I have not forsaken your commandments.
O revive me with your loving-kindness, *
and so shall I keep the testimonies of your mouth. *119: 81-88*

After the Psalm,

**Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be, world without end. Amen.**

GOSPELS AND EPISTLES *choose one or more*

He himself bore our sins in his body on the tree,
that we might die to sin and live to righteousness.
By his wounds you have been healed.
For this is why the gospel was preached
even to those who are dead,
that though judged in the flesh the way people are,
they might live in the Spirit the way God does.
For if, because of one man's trespass,
death reigned through that one man,
much more will those who receive the abundance of grace
and the free gift of righteousness
reign in life through the one man Jesus Christ.

**Once you were not a people, now you are God's people
Once you had not received Mercy,
now you have received Mercy
For you were straying like sheep,
but have now returned
to the Shepherd and Overseer of your Souls.**

Choose for the day of the week

MONDAY

Do not work for the food that perishes,
but for the food that endures to eternal life,
which the Son of Man will give to you.

For on him God the Father has set his seal.”

Then they said to him,

“What must we do, to be doing the works of God?”

Jesus answered them, “This is the work of God,
that you believe in him whom he has sent.”

So they said to him, “Then what sign do you do,
that we may see and believe you?

What work do you perform?

Our fathers ate the manna in the wilderness; as it is written,
‘He gave them bread from heaven to eat.’”

Jesus then said to them, “Truly, truly, I say to you,
it was not Moses who gave you the bread from heaven,
but my Father gives you the true bread from heaven.

For the bread of God is he who comes down from heaven
and gives life to the world.” They said to him,

“Sir, give us this bread always.”

Jesus said to them, "I am the bread of life;
whoever comes to me shall not hunger,
and whoever believes in me shall never thirst.
But I said to you that you have seen me and yet do not believe.
All that the Father gives me will come to me,
and whoever comes to me I will never cast out.
For I have come down from heaven,
not to do my own will but the will of him who sent me.
And this is the will of him who sent me,
that I should lose nothing of all that he has given me,
but raise it up on the last day.
For this is the will of my Father,
that everyone who looks on the Son and believes in him
Should have eternal life, and I will raise him up on the last day."

This is the bread that comes down from heaven
So that one may eat of it and not die.
I am the living bread that comes down from heaven,
So that one may eat of it and not die.
I am the living bread that came down from heaven
If anyone eats this bread, he will live forever.
And the bread that I will give for the life of the world
Is my flesh *John 6:27-29*

TUESDAY

Paul, a servant of God and an apostle of Jesus Christ,
For the sake of the faith of God's elect

And their knowledge of the truth,
Which accords with godliness,
In hope of eternal life, which God,
Who never lies,
Promised before the ages began
And at the proper time manifested in his word
Through the preaching with which I have been entrusted
By the command of God our Savior.
“For the grace of God has appeared,
bringing salvation for all people,
training us to renounce ungodliness and worldly passions,
and to live self-controlled, upright, and godly lives
in the present age, waiting for our blessed hope,
the appearing of the glory
of our great God and Savior Jesus Christ,
who gave himself for us to redeem us from all lawlessness
and to purify for himself a people for his own possession
who are zealous for good works.
For we ourselves were once foolish,
Disobedient, led astray,
Slaves to various passions and pleasures,
Passing our days in malice and envy
Hated by others and hating one another
But when the goodness and loving kindness
of God our Savior appeared,
He saved us, not because of works done by us in righteousness,
but according to his own mercy,

by the washing of regeneration and renewal of the Holy Spirit,
whom he poured out on us richly
through Jesus Christ our Savior,
so that being justified by his grace
we might become heirs according to the hope of eternal life.

WEDNESDAY

But when Christ appeared as a high priest
of the good things that have come,
then through the greater and more perfect tent
(not made with hands, that is, not of this creation)
he entered once for all into the holy places,
not by means of the blood of goats and calves
but by means of his own blood,
thus securing an eternal redemption.
For if the blood of goats and bulls,
and the sprinkling of defiled persons with the ashes of a heifer,
sanctify for the purification of the flesh,
how much more will the blood of Christ,
who through the eternal Spirit offered himself
without blemish to God,
purify our conscience from dead works to serve the living God.
Therefore he is the mediator of a new covenant,
so that those who are called may receive
the promised eternal inheritance,
since a death has occurred that redeems them
from the transgressions committed under the first covenant.

Hebrews 9:11-15

For Christ has entered, not into holy places made with hands,
which are copies of the true things, but into heaven itself,
now to appear in the presence of God on our behalf.

Nor was it to offer himself repeatedly,
as the high priest enters the holy places every year
with blood not his own,

for then he would have had to suffer repeatedly
since the foundation of the world.

But as it is, he has appeared once for all at the end of the ages
to put away sin by the sacrifice of himself.

And just as it is appointed for man to die once,
and after that comes judgment,

So Christ, having been offered once
to bear the sins of many, will appear a second time, not to deal
with sin but to save those who are eagerly waiting for him.

Hebrews 9:24-28

THURSDAY

This Jesus God raised up, and of that we all are witnesses.

Being therefore exalted at the right hand of God,
and having received from the Father

the promise of the Holy Spirit,

he has poured out this that you yourselves are seeing and hearing.

For David did not ascend into the heavens, but he himself says,

“The Lord said to my Lord,

“Sit at my right hand,

until I make your enemies your footstool.”

Let all the house of Israel therefore know for certain that God
has made him both Lord and Christ,
this Jesus whom you crucified.”

Now when they heard this they were cut to the heart,
and said to Peter and the rest of the apostles,
“Brothers, what shall we do?”

And Peter said to them,

“Repent and be baptized every one of you
in the name of Jesus Christ for the forgiveness of your sins,
and you will receive the gift of the Holy Spirit.

For the promise is for you and for your children

And for all who are far off,

Everyone whom the Lord our God calls to himself.” *Acts 2:38-39*

Let it be known to you, therefore, brothers,

That through this man forgiveness of sins is proclaimed to you

And by him everyone who believes is freed

From everything from which you could not be freed

By the law of Moses *Acts 13:38-39*

To this day I have had the help that comes from God,

And so I stand here testifying both to small and great

Saying nothing but what the prophets and Moses said

Would come to pass

That the Christ must suffer and that,

Being raised from the dead,

He would proclaim light both to our people and to the Gentiles
And they devoted themselves to the apostles' teaching
To the breaking of bread and the prayers.

FRIDAY

My sheep hear my voice

And I know them, and they follow me.

I give them eternal life.

And they will never perish.

And no one will snatch them from my hand."

The thief comes only to steal and kill and destroy.

I come that they may have life and have it abundantly

I am the good shepherd.

The good shepherd lays down his life for the sheep.

He who is a hired hand and not a shepherd,

Who does not own the sheep, sees the wolf coming,

And leaves the sheep and flees,

And the wolf snatches them and scatters them.

He flees because he is a hired hand and cares nothing for the sheep

I am the good shepherd. I know my own and my own know me.

Just as the Father knows me and I know the Father;

And I lay down my life for the sheep.

And I have other sheep that are not of this fold

I must bring them also, and they will listen to my voice

So there will be one flock, one shepherd.

For this reason the Father loves me, because I lay down my life

That I may take it up again.

No one takes it from me, but I lay it down of my own accord.
I have authority to lay it down,
And I have authority to take it up again.
This charge I have received from my Father. *John 10:10-18*

SATURDAY

For we are the circumcision,
who worship by the Spirit of God and glory in Christ Jesus
and put no confidence in the flesh—
though I myself have reason for confidence in the flesh also.
If anyone else thinks he has reason for confidence in the flesh,
I have more: circumcised on the eighth day, of the people of Israel,
of the tribe of Benjamin, a Hebrew of Hebrews;
as to the law, a Pharisee; as to zeal, a persecutor of the church;
as to righteousness under the law, blameless.
But whatever gain I had, I counted as loss for the sake of Christ.
Indeed, I count everything as loss
because of the surpassing worth of knowing Christ Jesus my Lord.
For his sake I have suffered the loss of all things
and count them as rubbish, in order that I may gain Christ
and be found in him, not having a righteousness of my own
that comes from the law, but that which comes
through faith in Christ, the righteousness from God
that depends on faith— that I may know him
and the power of his resurrection, and may share his sufferings,
becoming like him in his death, that by any means possible
I may attain the resurrection from the dead.

Not that I have already obtained this or am already perfect,
but I press on to make it my own,
because Christ Jesus has made me his own.
Brothers, I do not consider that I have made it my own.
But one thing I do: forgetting what lies behind
and straining forward to what lies ahead,
I press on toward the goal
for the prize of the upward call of God in Christ Jesus. *Philippians 3:3-14*

SUNDAY

That very day two of them were going
to a village named Emmaus, about seven miles from Jerusalem,
and they were talking with each other
about all these things that had happened.
While they were talking and discussing together,
Jesus himself drew near and went with them.
But their eyes were kept from recognizing him.
And he said to them, “What is this conversation
that you are holding with each other as you walk?”
And they stood still, looking sad.
Then one of them, named Cleopas, answered him,
“Are you the only visitor to Jerusalem
who does not know the things
that have happened there in these days?”
And he said to them, “What things?”
And they said to him, “Concerning Jesus of Nazareth,
a man who was a prophet mighty in deed and word before God

and all the people,
and how our chief priests and rulers delivered him up
to be condemned to death, and crucified him.
But we had hoped that he was the one to redeem Israel.
Yes, and besides all this,
it is now the third day since these things happened.
Moreover, some women of our company amazed us.
They were at the tomb early in the morning,
and when they did not find his body,
they came back saying that they had even seen a vision of angels,
who said that he was alive.
Some of those who were with us went to the tomb
and found it just as the women had said, but him they did not see.”
And he said to them, “O foolish ones, and slow of heart
to believe all that the prophets have spoken!
Was it not necessary that the Christ should suffer these things
and enter into his glory?”
And beginning with Moses and all the Prophets,
he interpreted to them in all the Scriptures
the things concerning himself.
So they drew near to the village to which they were going.
He acted as if he were going farther,
but they urged him strongly, saying, “Stay with us,
for it is toward evening and the day is now far spent.”
So he went in to stay with them.
When he was at table with them, he took the bread
and blessed and broke it and gave it to them.

And their eyes were opened, and they recognized him.
And he vanished from their sight.
They said to each other, “Did not our hearts burn
within us while he talked to us on the road,
while he opened to us the Scriptures?”
And they rose that same hour and returned to Jerusalem.
And they found the eleven
and those who were with them gathered together,
saying, “The Lord has risen indeed, and has appeared to Simon!”
Then they told what had happened on the road,
and how he was known to them in the breaking of the bread. *John 13-35*

The Word of the Lord
Thanks be to God

CANTICLE *following the lesson, choose one or more*

**With your constant love,
you led the people you redeemed.
You brought them in safety
to your holy dwelling.**

Choose for the day of the week

MONDAY/WEDNESDAY/FRIDAY

Alleluia. Christ our Passover has been sacrificed for us;
therefore let us keep the feast,
Not with the old leaven, the leaven of malice and evil,
but with the unleavened bread
of sincerity and truth. Alleluia.

Christ, being raised from the dead will never die again;
death no longer has dominion over him.
The death that he died, he died to sin, once for all;
but the life he lives, he lives to God.
So also consider yourselves dead to sin, and alive to God
in Jesus Christ our Lord. Alleluia.
Christ has been raised from the dead,
the firstfruits of those who have fallen asleep.
For since by a man came death,
by a man has come also the resurrection of the dead.
For as in Adam all die,
so also in Christ shall all be made alive. Alleluia. *CHRIST OUR PASSOVER*

TUESDAY/THURSDAY

Surely, it is God who saves me;
I will trust in him and not be afraid.
For the Lord is my stronghold and my sure defense,
and he will be my Savior.
Therefore you shall draw water with rejoicing
from the springs of salvation.
And on that day you shall say,
Give thanks to the Lord and call upon his Name;
Make his deeds known among the peoples;
see that they remember that his Name is exalted.
Sing the praises of the Lord,
for he has done great things,
and this is known in all the world.

Cry aloud, inhabitants of Zion, ring out your joy,
for the great one in the midst of you
is the Holy One of Israel. *Isaiah 12:2-6*

SATURDAY/SUNDAY

My soul magnifies the Lord,
and my spirit rejoices in God my Savior;
For he has regarded the lowliness of his handmaiden.
For behold, from now on, all generations will call me blessed;
For he that is mighty has magnified me,
and holy is his Name.
And his mercy is on those who fear him,
throughout all generations.
He has shown the strength of his arm;
he has scattered the proud
in the imagination of their hearts.
He has brought down the mighty from their thrones,
and has exalted the humble and meek.
He has filled the hungry with good things,
and the rich he has sent empty away.
He, remembering his mercy,
has helped his servant Israel,
as he promised to our fathers,
Abraham and his seed for ever. *Luke 1:46-55*

APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.**

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

III. PRAYER *staying with this Good News*

But I, through the abundance of your steadfast love,
will enter your house.

**I will bow down toward your holy temple
in the fear of you.**

Deliver the people, whom you have redeemed
with your most precious blood,
and by your mercy preserve us forever.

Good Lord, deliver us.

Now as our Savior Christ has taught us we are bold to pray,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE SUFFRAGES

Save your people, Lord, and bless your inheritance;

Govern and uphold them, now and always.

Day by day we bless you;

We praise your name for ever.

Lord, keep us from all sin today;

Have mercy upon us, Lord, have mercy.

Lord, show us your love and mercy;

For we put our trust in you.

In you, Lord, is our hope;

Let us never be put to shame.

Heavenly Father, you have promised
to hear what we ask in the Name of Your Son:
Accept and fulfill our petitions, we pray,
not as we ask in our ignorance,
nor as we deserve in our sinfulness,
but as you know and love us
in your Son Jesus Christ our Lord. Amen.

PRAYER OF THE DAY

To strengthen those who stand;

to encourage the faint-hearted;

to raise up those who fall;

and finally to beat down Satan under our feet,

We beseech you to hear us, good Lord.

**Our God, in whom we trust:
Strengthen us not to regard overmuch
who is for us or who is against us,
but to see to it that we be with you
in everything we do**

Choose for the day of the week

MONDAY

Lord Jesus, stay with us,
for evening is at hand and the day is past;
be our companion in the way,
kindle our hearts and awaken hope, that we may know you
as you are revealed in Scripture and the breaking of bread.
Grant this for the sake of your love. **Amen.**

TUESDAY

Lord God, whose Son our Savior Jesus Christ
triumphed over the powers of death
and prepared for us our place in the new Jerusalem:
Grant that we, who have this day given thanks
for his resurrection, may praise you in that City
of which he is the light, and where he lives and reigns
for ever and ever. **Amen.**

WEDNESDAY

O God, the source of all holy desires,
all good counsels, and all just works:
Give to your servants that peace which the world cannot give,

that our hearts may be set to obey your commandments,
and that we, being defended from the fear of our enemies,
may pass our time in rest and quietness;
through the merits of Jesus Christ our Savior. **Amen.**

THURSDAY

Hasten, O Father, the coming of your kingdom,
And grant that we your servants, who now live by faith,
May with joy behold you Son in His coming in glorious majesty,
Jesus Christ, our only mediator and advocate. **Amen.**

FRIDAY

Almighty and everlasting God,
Whose will it is to restore all things
In your well-beloved Son, the king of kings
And Lord of lords: mercifully grant that the peoples of the earth,
Divided and enslaved by sin,
May be freed and brought together
Under his most gracious rule;
Who lives and reigns with you
And the Holy Spirit, one God, now and forever. **Amen.**

SATURDAY

O God, because without you
We are not able to please you,
Mercifully grant that your Holy Spirit
May in all things direct and rule our hearts:
Through Jesus Christ our Lord,

Who lives and reigns with you and the Holy Spirit,
One God, now and forever. **Amen.**

SUNDAY

Almighty God, whose blessed Son
Our Savior Jesus Christ ascended far above all heavens,
That he might fill all things:
Mercifully give us faith to perceive that, according to His promise,
He abides with His Church on earth, even to the end of the ages,
Through Jesus Christ our Lord, who lives and reigns with you
And the Holy Spirit, one God, in glory everlasting. **Amen.**

PRAYER FOR MISSION

You who once were alienated
and hostile in mind, doing evil deeds,
he has now reconciled in his body of flesh by his death,
in order to present you holy and blameless
and above reproach before him.
If indeed you continue in the faith,
Stable and steadfast, not shifting from the hope of the gospel
That you heard.

Almighty God,
you gave such grace to your apostle Andrew,
That he readily obeyed the call of your Son Jesus Christ,
And brought his brother with him:
give us, who are called by your holy Word,
Grace to follow him without delay,

**and to bring those near to us
Into His gracious presence, who lives and reigns with you
and the Holy Spirit, one God, now and forever. Amen.**

INTERCESSION, THANKSGIVING, PETITIONS

THE GENERAL THANKSGIVING

**Almighty God, Father of all mercies,
We your unworthy servants, give you humble thanks
For all your goodness and loving kindness
To us to all whom you have made
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Lord Jesus Christ;
For the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
Through Jesus Christ our Lord,
To whom with you and the Holy Spirit
Be honor and glory throughout all ages. Amen.**

THE CALL OF CHRIST

The Lord said,
“I have said these things to you,
that in me you may have peace.
In the world you will have tribulation.
But take heart; I have overcome the world.” *John 16:33*

Now after John was arrested, Jesus came into Galilee,
Proclaiming the gospel of God, and saying,
**“The time is fulfilled,
And the kingdom of God is at hand,
Repent and believe in the gospel.**

BENEDICTION

And I heard a loud voice in heaven,
saying, “Now the salvation
and the power and the kingdom of our God
and the authority of his Christ have come,
For the accuser of our brothers has been thrown down,
who accuses them day and night before our God.
And they have conquered him
by the blood of the Lamb and by the word of their testimony.”
Amen. *Revelation 12:10*

**For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus’ sake.
For God, who said, “Let light shine out of darkness,”**

**has shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.**

While you have the Light, believe in the Light,
That you may become children of Light.
If anyone walks in the Light, he does not stumble
Because he sees the Light of this world.

Let us bless the Lord,
Thanks be to God

We proclaim the mystery of faith,
Christ has died, Christ is risen, Christ will come again.

COMPLINE *before bed*

Therefore, brothers,
since we have confidence to enter the holy places
by the blood of Jesus,
by the new and living way that he opened for us
through the curtain, that is, through his flesh,
and since we have a great priest over the house of God,
let us draw near with a true heart in full assurance of faith,
with our hearts sprinkled clean from an evil conscience
and our bodies washed with pure water.
Let us hold fast the confession of our hope without wavering,
for he who promised is faithful. *Hebrews 10:19-25*

**Let us then with confidence draw near
to the throne of grace,
that we may receive mercy
and find grace to help in time of need.** *Hebrews 4:16*

I. CONFESSION *our return to this Good News*

OPENING ACCLAMATION

But I am like a green olive tree in the house of God.
I trust in the mercy of God forever and ever. *Psalm 52:8*

**Blessed is the man who trusts in the Lord,
whose trust is the Lord.
He is like a tree planted by water,
that sends out its roots by the stream,
and does not fear when heat comes,
for its leaves remain green,
and is not anxious in the year of drought,
for it does not cease to bear fruit.” *Jeremiah 17:8***

OPENING PRAYER

Heavenly Father, send your Holy Spirit into our hearts,
To direct and rule us according to your will,
to comfort us in all our afflictions,
to defend us from all error, and to lead us into
all truth; through Jesus Christ our Lord. **Amen.**

Lord have mercy

Christ have mercy

Lord have mercy

CONFESSION OF SIN

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
That we may delight in your will
And walk in your ways, to the glory of your name.**

REQUEST FOR ABSOLUTION

For all malice and cruelty

For our self indulgent appetites and ways

For our blindness to human need and suffering

Lord have mercy upon us for we have sinned against you.

Almighty God have mercy on us,

Forgive us all our sins through our Lord Jesus Christ,

Confirm and strengthen us in all goodness,

And by the power of the Holy Spirit,

Raise us up to serve you in newness of life. **Amen.**

Create in me, a clean heart, O God.

And renew a right spirit within me.

Cast me not away from your presence

And take not your Holy Spirit from me.

Restore to me the joy of your salvation,

and uphold me with a willing spirit.

ASSURANCE OF PARDON

Hear the Word of God to all who truly turn to Him:

“Come to me, all who labor

and are heavy laden, and I will give you rest.” *Matthew 11:28*

The Lord said,

“And they shall be my people, and I will be their God.

I will give them one heart and one way,

**And I will put the fear of me in their hearts,
That they may not turn from me.
I will rejoice in doing them good,
And I will plant them in this land in faithfulness,
With all my heart and all my soul.
My dwelling place shall be with them,
and I will be their God, and they shall be my people.**

WALKING IN NEWNESS OF LIFE *optional*

I appeal to you therefore, brothers,
by the mercies of God,
to present your bodies as a living sacrifice,
holy and acceptable to God, which is your spiritual worship.
Do not be conformed to this world,
but be transformed by the renewal of your mind,
that by testing you may discern what is the will of God,
what is good and acceptable and perfect.

Let not sin therefore reign in you mortal body,
To make you obey its passion.
Do not present your members to sin
as instruments for unrighteousness,
But present yourselves to God
As those who have been brought from death to life,
And your members to God as instruments for righteousness.
For sin will have no dominion over you,
Since you are not under law but under grace.

II. SCRIPTURE *trusting in Him by His Gospel*

The Lord said,

“Truly, truly, I say to you, an hour is coming, and is now here,
when the dead will hear the voice of the Son of God,
and those who hear will live.

For as the Father has life in himself,
so he has granted the Son also to have life in himself.

This is eternal life:

that they know you the only true God

And Jesus Christ whom you have sent.

Everyone who believes in Him

Receive the forgiveness of sins through His name.

the righteousness of God

through faith in Jesus Christ for all who believe.

These are written

so that you may believe Jesus is the Christ the Son of God

And that by believing you may have life in His Name.

For our sake he made him to be sin who knew no sin

So that in him we might become

the righteousness of God.

For all have sinned

And fallen short of the glory of God

And are justified by his grace as a gift

Through the redemption that is in Christ Jesus

PSALMS

Send out your light and your truth,
That they may lead me,
and bring me to your holy hill
And to your dwelling.
My soul clings to you
Your right hand upholds me.

**My flesh and my heart may fail ,
But God is the strength of my heart,
And my portion forever**

MONDAY

The Lord is my light and my salvation;
whom then shall I fear?
The Lord is the strength of my life;
of whom then shall I be afraid?
When the wicked, even my enemies and my foes,
came upon me to eat up my flesh, they stumbled and fell.
Though a host were encamped against me,
yet my heart would not be afraid,
and though war rose up against me,
yet would I put my trust in him.
One thing have I desired of the Lord; one thing I seek:
that I may dwell in the house of the Lord all the days of my life,
To behold the fair beauty of the Lord,
and to seek him in his temple.

TUESDAY

For in the time of trouble he shall hide me in his tabernacle;
indeed, in the secret place of his dwelling he shall hide me,
and set me high upon a rock of stone.
And now I shall lift up my head
above my enemies round about me.
Therefore I will offer in his dwelling
an oblation with great gladness;
I will sing and speak praises unto the Lord.
Hearken to my voice, O Lord,
when I cry unto you; have mercy upon me and hear me.
You speak to my heart and say, "Seek my face."
Your face, O Lord, will I seek.

WEDNESDAY

O hide not your face from me, who
nor cast your servant away in displeasure.
You have been my helper; leave me not, neither forsake me,
O God of my salvation.
When my father and my mother forsake me,
the Lord takes me in.
Teach me your way, O Lord,
and lead me in the right way, because of my enemies.
Deliver me not over to the will of my adversaries,
for there are false witnesses who have risen up
against me, and those who speak wrong.
I would utterly have fainted,

had I not believed that I would see the
goodness of the Lord in the land of the living.
O wait for the Lord; be strong, and he shall comfort your heart.
O put your trust in the Lord.

THURSDAY

As the deer desires the water brooks,
so longs my soul for you, O God.
My soul is athirst for God, even for the living God;
when shall I come to appear before the presence of God?
My tears have been my food day and night,
while all day long they say to me,
“Where now is your God?”
When I think upon these things, I pour out my heart,
when I remember how
I went with the multitude, and brought
them into the house of God,
With the voice of praise and thanksgiving
among those who keep holy day.
Why are you so full of heaviness, O my soul,
and why are you so disquieted within me?
O put your trust in God,
for I will yet give him thanks, who is the help of
my countenance, and my God.

FRIDAY

My soul is heavy within me;
therefore I will remember you from the land of
Jordan, and from Mizar among the hills of Hermon.
One deep calls to another in the noise of your waterfalls;
all your waves and storms have gone over me.
The Lord will grant his loving-kindness in the daytime;
and in the night season will I sing of him, and
make my prayer to the God of my life.
I will say to God my rock, “Why have you forgotten me?
Why am I full of heaviness, while the enemy oppresses me?”
My bones are broken asunder,
while my enemies mock me to my face,
While all day long they say to me,
“Where now is your God?”
Why are you so full of heaviness, O my soul,
and why are you so disquieted within me?
O put your trust in God, *
for I will yet give him thanks, who is the help of
my countenance, and my God.

SATURDAY

Preserve me, O God, for in you have I put my trust.
O my soul, you have said unto the Lord,
“You are my Lord; I have no good apart from you.”
All my delight is upon the saints who are on the earth,
and upon those who excel in virtue.

But those who run after another god shall have great trouble.
Their drink offerings of blood I will not offer,
neither make mention of their names with my lips.
The Lord himself is the portion of my inheritance
and of my cup; you shall maintain my lot.
The boundaries have fallen for me in pleasant places;
indeed, I have a goodly heritage.
I will thank the Lord for giving me counsel;
my heart also chastens me in the night season.
I have set the Lord always before me; *
he is at my right hand; therefore I shall not fall.
Therefore my heart is glad and my soul rejoices. *
My flesh also shall rest in hope.
For you shall not leave my soul in the grave,
neither shall you allow your Holy One to see corruption.
You shall show me the path of life; in your presence
is the fullness of joy,
and at your right hand there is pleasure for evermore.

SUNDAY

I will love you, O Lord my strength;
the Lord is my rock, my stronghold, and my deliverer,
My Savior, my God, and my might in whom I will trust,
my buckler, the horn of my salvation, and my refuge.
I will call upon the Lord, who is worthy to be praised;
so shall I be safe from my enemies.
The waves of death encompassed me;

the floods that would swallow me up made me afraid.
The cords of the grave surrounded me;
the snares of death overtook me.
In my trouble I called upon the Lord
and cried unto my God for help.
From his holy temple he heard my voice.
My complaint came before him; it entered into his ears.
The earth trembled and quaked;
the very foundations of the hills shook and
were removed, because he was angry.
There went out smoke from his nostrils and a
consuming fire out of his mouth;
coals of fire issued from his presence.
He parted the heavens also and came down,
and it was dark under his feet.
He rode upon the cherubim and flew;
he came flying upon the wings of the wind.
He made darkness his secret place;
dark waters and thick clouds were his covering
round about him.
At the brightness of his presence his clouds broke forth:
hailstones and coals of fire.
The Lord also thundered out of heaven, and the
Most High gave forth his voice:
hailstones and coals of fire.
He sent out his arrows and scattered them;
he cast forth lightning and destroyed them.

The springs of water were seen, and the
foundations of the world were uncovered,
at your rebuke, O Lord, at the blasting of the
breath of your displeasure.
He reached down from on high to grasp me,
and he took me out of many waters.
He delivered me from my strongest enemy,
And from those who hated me,
for they were too mighty for me.
They confronted me in the day of my trouble,
but the Lord upheld me.
He brought me forth into a place of liberty;
he delivered me, because I had found favor in his eyes.

After the Psalm,

**Glory be to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be, world without end. Amen.**

GOSPEL AND EPISTLES_{choose one or more}

For Christ also suffered once for sins,
the righteous for the unrighteous,
that he might bring us to God,
being put to death in the flesh
but made alive in the Spirit.
For this is why the gospel was preached
even to those who are dead,

that though judged in the flesh the way people are,
they might live in the Spirit the way God does.
When the goodness and loving kindness
of God our Savior appeared,
He saved us, not because of works done by us in righteousness,
but according to his own mercy,
by the washing of regeneration and renewal of the Holy Spirit,
whom he poured out on us richly
through Jesus Christ our Savior,
so that being justified by his grace
we might become heirs according to the hope of eternal life.
Once you were not a people, now you are God's people
Once you had not received Mercy,
now you have received Mercy
For you were straying like sheep,
but have now returned
to the Shepherd and Overseer of your Souls.

Choose one or more readings

MONDAY

“I have given them your word,
and the world has hated them because they are not of the world,
just as I am not of the world.

I do not ask that you take them out of the world,
but that you keep them from the evil one.

They are not of the world, just as I am not of the world.

Sanctify them in the truth; your word is truth.

As you sent me into the world,
so I have sent them into the world.
And for their sake I consecrate myself,
that they also may be sanctified in truth.
I do not ask for these only,
but also for those who will believe in me through their word,
that they may all be one, just as you,
Father, are in me, and I in you, that they also may be in us,
so that the world may believe that you have sent me.
The glory that you have given me I have given to them,
that they may be one even as we are one,
I in them and you in me, that they may become perfectly one,
so that the world may know that you sent me
and loved them even as you loved me.
Father, I desire that they also, whom you have given me,
may be with me where I am,
to see my glory that you have given me
because you loved me before the foundation of the world.
O righteous Father, even though the world does not know you,
I know you, and these know that you have sent me.
I made known to them your name,
and I will continue to make it known,
that the love with which you have loved me may be in them,
and I in them.”

TUESDAY

As they were talking about these things,
Jesus himself stood among them, and said to them,
“Peace to you!”

But they were startled and frightened
and thought they saw a spirit.

And he said to them, “Why are you troubled,
and why do doubts arise in your hearts?

See my hands and my feet, that it is I myself.

Touch me, and see.

For a spirit does not have flesh and bones as you see that I have.”

And when he had said this,

he showed them his hands and his feet.

And while they still disbelieved

for joy and were marveling, he said to them,

“Have you anything here to eat?”

They gave him a piece of broiled fish,

and he took it and ate before them.

Then he said to them, “These are my words that I spoke to you
while I was still with you,”

that everything written about me in the Law of Moses
and the Prophets and the Psalms must be fulfilled.”

Then he opened their minds

to understand the Scriptures,

and said to them, “Thus it is written,

that the Christ should suffer and on the third day

rise from the dead, and that repentance for the forgiveness of sins

should be proclaimed in his name to all nations,
beginning from Jerusalem.

You are witnesses of these things.

And behold, I am sending the promise of my Father upon you.

But stay in the city until you are clothed
with power from on high.” *Luke 24:36-39*

WEDNESDAY

Now the tax collectors and sinners
were all drawing near to hear him.

And the Pharisees and the scribes grumbled, saying,
“This man receives sinners and eats with them.”

So he told them this parable:

“What man of you, having a hundred sheep,
if he has lost one of them, does not leave the ninety-nine
in the open country, and go after the one that is lost,
until he finds it?

And when he has found it, he lays it on his shoulders, rejoicing.

And when he comes home,

he calls together his friends and his neighbors,
saying to them, ‘Rejoice with me,

for I have found my sheep that was lost.’
Just so, I tell you, there will be more joy in heaven
over one sinner who repents
than over ninety-nine righteous persons who need no repentance.
“Or what woman, having ten silver coins,
if she loses one coin, does not light a lamp
and sweep the house and seek diligently until she finds it?
And when she has found it, she calls together
her friends and neighbors, saying, ‘Rejoice with me,
for I have found the coin that I had lost.’
Just so, I tell you, there is joy before the angels of God
over one sinner who repents.”

THURSDAY

And behold, a lawyer stood up to put him to the test,
saying, “Teacher, what shall I do to inherit eternal life?”
He said to him, “What is written in the Law? How do you read it?”
And he answered, “You shall love the Lord your God
with all your heart and with all your soul and with all your strength
and with all your mind, and your neighbor as yourself.”
And he said to him, “You have answered correctly; do this,
and you will live.”
But he, desiring to justify himself, said to Jesus,
“And who is my neighbor?” Jesus replied,
“A man was going down from Jerusalem to Jericho,
and he fell among robbers, who stripped him and beat him
and departed, leaving him half dead.

Now by chance a priest was going down that road,
and when he saw him he passed by on the other side.
So likewise a Levite, when he came to the place and saw him,
passed by on the other side.
But a Samaritan, as he journeyed, came to where he was,
and when he saw him, he had compassion.
He went to him and bound up his wounds,
pouring on oil and wine.
Then he set him on his own animal and brought him to an inn
and took care of him.
And the next day he took out two denarii
and gave them to the innkeeper, saying,
‘Take care of him, and whatever more you spend,
I will repay you when I come back.’
Which of these three, do you think, proved
to be a neighbor to the man who fell among the robbers?”
He said, “The one who showed him mercy.”
And Jesus said to him, “You go, and do likewise.”
Now as they went on their way, Jesus entered a village.
And a woman named Martha welcomed him into her house.
And she had a sister called Mary, who sat at the Lord's feet
and listened to his teaching.
But Martha was distracted with much serving.
And she went up to him and said,
“Lord, do you not care that my sister has left me to serve alone?
Tell her then to help me.”
But the Lord answered her,

“Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

FRIDAY

And he said, “There was a man who had two sons. And the younger of them said to his father, ‘Father, give me the share of property that is coming to me.’ And he divided his property between them. Not many days later, the younger son gathered all he had and took a journey into a far country, and there he squandered his property in reckless living. And when he had spent everything, a severe famine arose in that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him into his fields to feed pigs. And he was longing to be fed with the pods that the pigs ate, and no one gave him anything. “But when he came to himself, he said, ‘How many of my father’s hired servants have more than enough bread, but I perish here with hunger! I will arise and go to my father, and I will say to him, “Father, I have sinned against heaven and before you. I am no longer worthy to be called your son. Treat me as one of your hired servants.”’”

And he arose and came to his father.

But while he was still a long way off,
his father saw him and felt compassion,
and ran and embraced him and kissed him.

And the son said to him,

‘Father, I have sinned against heaven and before you.
I am no longer worthy to be called your son.’

But the father said to his servants,
‘Bring quickly the best robe, and put it on him,
and put a ring on his hand, and shoes on his feet.
And bring the fattened calf and kill it,
and let us eat and celebrate. For this my son was dead,
and is alive again; he was lost, and is found.’

And they began to celebrate.

“Now his older son was in the field,
and as he came and drew near to the house,
he heard music and dancing.

And he called one of the servants
and asked what these things meant.

And he said to him, ‘Your brother has come,
and your father has killed the fattened calf,
because he has received him back safe and sound.’

But he was angry and refused to go in.

His father came out and entreated him,
but he answered his father,

‘Look, these many years I have served you,
and I never disobeyed your command,

yet you never gave me a young goat,
that I might celebrate with my friends.

But when this son of yours came,
who has devoured your property with prostitutes,
you killed the fattened calf for him!’

And he said to him, ‘Son, you are always with me,
and all that is mine is yours. It was fitting to celebrate
and be glad, for this your brother was dead, and is alive;
he was lost, and is found.’”

SATURDAY

And Jesus returned in the power of the Spirit to Galilee,
and a report about him went out through
all the surrounding country.

And he taught in their synagogues, being glorified by all.
And he came to Nazareth, where he had been brought up.

And as was his custom,
he went to the synagogue on the Sabbath day,
and he stood up to read.

And the scroll of the prophet Isaiah was given to him.
He unrolled the scroll and found the place where it was written,

“The Spirit of the Lord is upon me,
because he has anointed me

to proclaim good news to the poor.

He has sent me to proclaim liberty to the captives
and recovering of sight to the blind,
to set at liberty those who are oppressed,
to proclaim the year of the Lord’s favor.”

And he rolled up the scroll
and gave it back to the attendant and sat down.
And the eyes of all in the synagogue were fixed on him.
And he began to say to them,
“Today this Scripture has been fulfilled in your hearing.”
And all spoke well of him and marveled at the gracious words
that were coming from his mouth.
And they said, “Is not this Joseph’s son?”

SUNDAY

Christ has obtained a ministry
That is much more excellent than the old
As the covenant he mediates is better,
Since it is enacted on better promises.
This makes Jesus the guarantor of a better covenant.
But you have come to Mount Zion
And to the city of the living God, the heavenly Jerusalem
And to the innumerable angels in festal gathering
And to the assembly of the firstborn
Who are enrolled in heaven,
And to God, the judge of all
and to the spirits of the righteous made perfect,
And to Jesus the mediator of a new covenant.
And to the sprinkled blood that speaks a better word
Than the blood of Abel. *Hebrews 12:22-2*

The Word of the Lord

Thanks be to God

CANTICLE

**With your constant love,
You led the people you redeemed,
Your brought them in safety
To your holy dwelling.**

MONDAY/WEDNESDAY/FRIDAY

Lord, you now have set your servant free
to go in peace as you have promised;
For these eyes of mine have seen the Savior,
whom you have prepared for all the world to see:
A Light to enlighten the nations,
and the glory of your people Israel. *Luke 2:29-32*

TUESDAY/THURSDAY

Glory to you, Lord God of our fathers;
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name;
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple;
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim;
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths;
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit;
we will praise you and highly exalt you for ever.

SATURDAY/SUNDAY

O Lord and Ruler of the hosts of heaven,
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth, with all their vast array.
All things quake with fear at your presence;
they tremble because of your power.
But your merciful promise is beyond all measure;
it surpasses all that our minds can fathom.
O Lord, you are full of compassion,
long-suffering, and abounding in mercy.
You hold back your hand; you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners,
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart,
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned,
and I know my wickedness only too well.
Therefore I make this prayer to you:
Forgive me, Lord, forgive me. Do not let me perish in my sin,
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent,
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy,
and I will praise you without ceasing all the days of my life.

For all the powers of heaven sing your praises,
and yours is the glory to ages of ages. Amen.

TE DEUM LAUDAMUS

**You are God: we praise you;
You are the Lord: we acclaim you
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Serpahim, sing in endless praise:
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full of your glory
The glorious company of apostle praise you
The white robed army of martyrs praise you.
Throughout the world the holy church acclaims you;
Father, of majesty unbounded,
Your true and only Son, worthy of all worship,
And the Holy Spirit, advocate and guide.
You, O Christ, are the king of glory.
The only Son of the Father.
When you took on flesh to set us free.
You humbly chose the virgins womb.
You overcame the sting of death.
And opened the kingdom of heaven to all believers.
Come then Lord and help your people.
Bought with price of your own blood.
And bring us with your saints to glory everlasting.**

III. PRAYER *staying with this Good News*

The Lord be with you

And also with you

Let us pray

Jesus, Lamb of God,

Have Mercy on us

Jesus, bearer of our sins,

Have Mercy on us.

Jesus, redeemer of the world.

Give us your peace.

As our savior Christ has taught us,

We are bold to pray

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power,

and the glory, for ever and ever. Amen.

THE SUFFRAGES

O Lord, arise and help us;

And deliver us for your Name's sake.

From our enemies defend us, O Christ;

Graciously behold our afflictions.

With pity behold the sorrows of our hearts;

Mercifully forgive the sins of your people.

With favor hear our prayers;

O Son of David, have mercy upon us.

Heavenly Father, you have promised
to hear what we ask in the Name of Your Son:
Accept and fulfill our petitions, we pray,
not as we ask in our ignorance,
nor as we deserve in our sinfulness,
but as you know and love us
in your Son Jesus Christ our Lord. Amen.

PRAYER OF THE DAY

See what kind of love the Father has given to us,
that we should be called children of God; and so we are.
The reason why the world does not know us
is that it did not know him.
Beloved, we are God's children now,
and what we will be has not yet appeared;
but we know that when he appears we shall be like him,
because we shall see him as he is.

And everyone who thus hopes in him
purifies himself as he is pure. *1 John 3:1-3*

Now the Lord is the Spirit,
and where the Spirit of the Lord is, there is freedom.
And we all, with unveiled face, beholding the glory of the Lord,
are being transformed into the same image
from one degree of glory to another.
For this comes from the Lord who is the Spirit. *2 Cor. 3:17*

Lighten our darkness, we beseech you, O Lord;
and by your great mercy
defend us from all perils and dangers of this night;
for the love of your only Son,
our Savior Jesus Christ. **Amen.**

**Our God, in whom we trust:
Strengthen us not to regard overmuch
who is for us or who is against us,
but to see to it that we be with you
in everything we do.**

PRAYER FOR MISSION

Now to him who is able to keep you from stumbling
and to present you blameless
before the presence of his glory
with great joy, to the only God, our Savior,
through Jesus Christ our Lord,

be glory, majesty, dominion, and authority,
before all time and now and forever. Amen.

**Keep watch, dear Lord,
with those who work, or watch, or weep this night,
and give your angels charge over those who sleep.
Tend the sick, Lord Christ;
give rest to the weary, bless the dying,
soothe the suffering, pity the afflicted,
shield the joyous; and all for your love's sake. Amen.**

INTERCESSIONS, PETITIONS, THANKSGIVINGS

PRAYER OF ST. JOHN CHRYSOSTOM

Almighty God, you have given us such grace
At this time, with one accord,
To make our common supplications to you,
And you have promised us through your well beloved Son
That when two or three are gathered in His Name
You will be in the midst of them:
Fulfill now, O Lord, our desires and petitions
As may be best for us, granting us in this world
Knowledge of your truth,
And in the age to come, life everlasting.

THE CALL OF CHRIST

The Lord said, “Behold, I stand at the door and knock.
If anyone hears my voice and opens the door,
I will come in to him and eat with him, and he with me. *REV 3:20*

Now after John was arrested, Jesus came into Galilee,
Proclaiming the gospel of God, and saying,
**“The time is fulfilled,
And the kingdom of God is at hand,
Repent and believe in the gospel.**

BENEDICTION

Blessed are those who wash their robes,
so that they may have the right to the tree of life
and that they may enter the city by the gates.
The Spirit and the Bride say, “Come.”
And let the one who hears say, “Come.”
And let the one who is thirsty come;
let the one who desires take the water of life without price.
He who testifies to these things says, “Surely I am coming soon.”
Amen. Come, Lord Jesus! *Revelation 22:14,17,20*

**For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus’ sake.
For God, who said, “Let light shine out of darkness,”
has shone in our hearts**

**to give the light of the knowledge of the glory of God
in the face of Jesus Christ.**

While you have the Light, believe in the Light,
That you may become children of Light.
If anyone walks in the Light, he does not stumble,
Because he sees the Light of this world.

Let us bless the Lord,
Thanks be to God

We proclaim the mystery of faith,
Christ has died, Christ is risen, Christ will come again